

Voice OF THE RESIDENTS

Vol. 46 • No. 8 Broadmead • Cockeysville, MD

Breaking News

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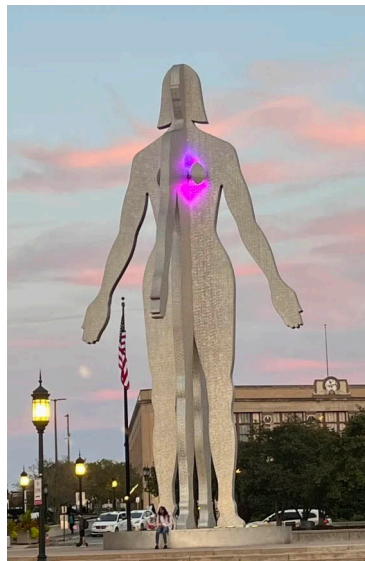
Dining Services scores free fish

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Coup for Broadmead: renowned statuary to move north

By Kathleen Truelove

Male/Female," a 15.5-meter tall hollow stainless steel sculpture by Jonathan Borofsky, currently stands at the entrance to Penn Station in Baltimore. "It depicts intersecting colossal male and female forms with pulsing LED light," according to



Wikipedia (so it must be true). It has been controversial since its installation in 2004.

The *Baltimore Sun* editorially characterized it as "oversized, underdressed, and woefully out of place" at the time of its unveiling. Its \$750,000 price tag didn't help its popularity, and in this time of straitened resources in the City, the decision was made to sell the statue.

The Broadmead Arts Council got wind of its availability and jumped at the opportunity, since this acquisition fits into the Council's plan to add sculpture to the Broadmead Collection. For an as-yet undisclosed sum, "Male/Female" will be moved to the Broadmead campus to replace the Broadmead Tombstone at the intersection near the employee parking lot.

The Arts Council is eyeing other opportunities to have outdoor art complement the indoor art. With the popularity of birding here at Broadmead, plans are underway to acquire

"Male/Female" has graced the entrance to Penn Station for over 20 years, but it is out of favor for artistic and political reasons. The art acquisition, to be paid via privately donated funds, was negotiated by the Broadmead Arts Council.

a bird sculpture currently on view at the American Visionary Arts Museum. No space has yet been identified for it, but the center of the Terrace Garden is under consideration.

The mirrored bird sculpture at left, currently on view at the American Visionary Arts Museum, is also under consideration for acquisition by the Broadmead Arts Council.



Caboose comes to roost

Text and photo by Ann Hunter

Soon we will all have the pleasure of meeting a new Broadmead “resident” who is about to finish a lengthy rehab program.

It all started on a summer evening a few years ago, when a couple of residents sitting on a balcony were trying to think of a project for the railroad group—something that would attract new members and put Broadmead on the map. The idea of restoring an old caboose was born.

It was crazy, but it was just the kind of project that many railfans wished they had been a part of. And those railfans on the balcony were overlooking the place where it would happen—the barn.



Caboose interior before rehab.

For months, the railroad group quietly planned, got approvals and permissions and raised money. Large and small contributions, a grant from the National Railway Historical Society and a small loan made it possible to buy an ancient, but fairly well-preserved, four-wheel caboose, found in a cornfield in Harford County near the Ma and Pa Railroad right of way. It was delivered under cover of darkness to the upper level of the barn, where rails had been installed and the floor had been reinforced with steel beams to hold over seven tons.

The railroad club decided to keep their caboose project under wraps until the big reveal in the spring of 2025. Members provided most of the needed expertise, including carpentry, metalwork, painting and historical research. Ma and Pa No. 2004, built in 1909, was bought from the Kanawha and Michigan Railroad in 1918. Knowing the exact vintage of the caboose has made it possible to choose an authentic color scheme and appropriate furnishings.

When the rails have been extended outside the barn, the caboose will be rolled out with great fanfare and an ice cream social. Meanwhile watch for directions on how to enter the Name That Caboose Contest.

Art class to employ nude models

By Alice Cherbonnier



Every Wednesday at 10 a.m., Broadmead residents flock to the Arts and Ceramics Studio in the Wellness Department to draw, paint and use pastels. Over the post-Covid years they have

tried self-portraits, painting from family photographs, still-life arrangements and themes, such as “fences” and “lighthouses.” Sometimes there’s a paid instructor; at other times, they coach one another.

Now, having exhausted the usual repertoire, the participants have successfully raised funds to pay for a nude model during the month of May.

“This should spur a lot of interest,” said a source who spoke on condition of anonymity. “We’re expecting an influx of new people.”

The source stressed that the selected model “may not have a perfect body,” but will be someone who can hold a physical position for 15 minutes at a time. “This is harder to do than it sounds,” she said, adding that the model’s age will be irrelevant. “The important thing is to learn how to draw the human body, which is quite a challenge.” She did not rule out hiring a Broadmead resident and mentioned a few candidates who could be ideal if they’d be willing to apply.

The modeling fee will be \$18 an hour—higher than what was recently offered by Harford Community College in a recent advertisement. (Curiously, the college offered a starting hourly rate of \$15.60 per hour for “clothed models” and \$15.81 per hour for “unclothed models.”)

An exhibit of nude artworks is planned.

Above: Picasso’s “Blue Nude.”



Eric van den Beemt schleps trash on the west side of I-83, south of the Shawan Road exit.

Residents do highway cleanup on I-83

Text and photo by Pat van den Beemt

A group of Broadmead residents hope to make Maryland beautiful by getting down and dirty on local highways. They are joining the State Highway Administration's Adopt-a-Highway program. The men and women will be on the side of the road four times a year, picking up all sorts of trash, garbage, junk and rubbish.

The SHA is providing safety vests and trash bags. Residents plan on using their own canes or hiking sticks to jab at paper trash. They'll have to bend down to pick up bottles, cans and other bulky items. "We think of it as good exercise out in the fresh air, as long as you don't breathe in too much car and truck exhaust," said one volunteer.

The residents are waiting to see if they can use their Rollators, walkers and scooters. They would all be helpful navigating steep ditches on the sides of the road. If those devices aren't allowed, the residents will form pairs, with each person holding securely to a partner's vest, coat or arm as they traverse the terrain.

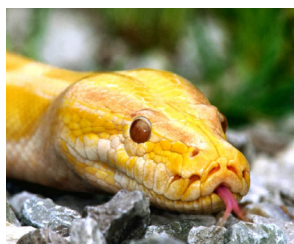
All volunteers must sign a waiver saying they won't sue the State of Maryland for any injury they incur while cleaning up after litterbugs. "If we do get hurt, it'll be for a good cause," a volunteer said. "We do expect a lot of honking when people see us, but we just hope the cars and trucks will steer clear of us."

Once dates for cleanup are established by the SHA, residents who want to rid Maryland highways of rubbish should look for sign-up sheets in the mail room.

Pet policy particulars pondered

By Kathleen Truelove

One of Broadmead's attractions for prospective residents is that it welcomes non-human companions along with people. Most of these pets are cats or dogs, but the variety is increasing. There's been an occasional parakeet or parrot here, a hamster or ferret there, but now it turns out there is a more exotic pet on campus. A new resident has a young albino Burmese python that is 10 feet long and still growing. Quickly.



Zippy, seen here enjoying some time outside. Photo source anonymous.

The resident says that the snake, whose name is Zippy, eats only every couple of months, so there won't be live rats around very often. Zippy resides in the patio enclosure, which her owner has kitted out as a cozy snake habitat. This enables Zippy to greet passersby, since this unit is on the Fire Lane.

Kristy Krueger, VP of Marketing, said that Zippy was never mentioned when the new resident was deciding which unit to take, although she did request a patio enclosure. Zippy's owner says that she is a source of comfort and support and has improved her quality of life since becoming her companion. However, there has been some push-back from the neighbors on both sides, with one person's support animal being another's worst nightmare.

There is careful consideration of the issue at the highest levels of Broadmead's administration, applying Quaker values, particularly Community and Equality, to this conundrum. Broadmead, Inc. is determining whether, in fact, all creatures great and small are actually welcome here at Broadmead.

Cluster W to be demolished for new 60-unit complex modeled after Safdie's Habitat '67

Following what one Trustee called "gut-wrenching soul-searching," the Broadmead Board has determined, after professional consultation, that the only viable option for adding more housing on the buildable portion of the existing campus—without spoiling the cherished ambiance of the Garden Homes and Hillside Homes areas—is to redevelop the site currently occupied by Cluster W. The site will be cleared for a solar-embedded modular concrete structure with 60 stacked, criss-crossed 800-square-foot apartments atop a first-level garage restricted to Broadmead's new Zipcar fleet.

Covered walkways to have a dual purpose

Text and concept illustration by Anne Fogg

Although global warming is usually viewed as destructive, it can be very beneficial when applied to laundry. Broadmead's Department of Sustainability has announced a new plan to conserve energy on campus. Starting on June 1, all clothes dryers at Broadmead will be disconnected from the main electrical panels. Instead of consuming all that electricity unnecessarily, residents will be required to use the heat of the sun and summer breezes to dry their clothing.

Maintenance workers will install clotheslines beneath the walkway overhangs that connect the garden home clusters so that they are within easy reach for hanging and pinning laundry. In Upland and York buildings, the lines will be installed on individual porches. Residents will be issued clothespins and collapsible laundry basket. Stepladders with safety rails will be provided for short residents.



How covered walkways will look soon. Illustration by Anne Fogg.

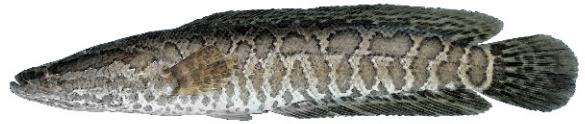
In order to avoid territorial disputes, each apartment will have a designated section of clothesline to use. Clotheslines will be color-coded to clarify these territorial rights.

(Residents will be notified of their color assignment when laundry baskets and clothespins are delivered).

Installation of clotheslines will be done in April so that they are ready for use in May. With a very warm summer predicted, it is hoped that dryers can remain disconnected until mid September.

When this plan was previewed at a recent Fireside Chat, a number of residents expressed concern that the safety risks of billowing laundry could make the walkways too dangerous. CEO Jay Prince said he trusted residents to be alert enough to choose paths where wind direction is favorable for walking unobstructed. Those with mobile devices will be able to power through, but are advised to install bicycle ringers to sound if their visibility is impaired by laundry.

The question of whether laundry can be hung out to dry on Sundays is still under discussion.



Snakeheads now stocked in Lake Maybe

By Sharon McKinley

The Executive Leadership Team at Broadmead has decided to stock Lake Maybe with snakeheads, with the intent to serve them as food. The notoriously invasive species, it turns out, is also delicious to eat. Dan Hall, Director of Dining and Hospitality, said he could feed the entire Broadmead community at a dinner with just one or two snakeheads—that is, if they can be caught.

The *Channa micropeltes* species of snakeheads is notoriously difficult to catch, requiring professional angling skills. Yet they must be caught—not just for food, but because they could clog Lake Maybe, a storm water management pond. Broadmead has therefore arranged the first-ever national competitive Snakehead Pro Tour, to be held August 22, with attractive cash prizes gleaned from hefty entry fees. Broadmead's own resident fisherfolk will be invited to compete at reduced entry fees. The excitement of the sport should be exhilarating for onlookers and fisherfolk alike.

As the date for culling the snakeheads approaches, Broadmeaders driving or walking along Copper Beech Road may need to be cautious, as the snakeheads can *walk*, and may try to make tracks for Western Run. Joyce Malone, VP of Facility Services, says “Fish Crossing” signs may be installed.

Gina Mathias, VP of Sustainability, objected to the snakehead project for this reason, pointing out that if the snakeheads were to find their way to Western Run and then into Loch Raven, they could contaminate the entire region's drinking water supply. She was overruled for practical reasons: being able to provide a constant supply of affordable fish for Broadmead residents trumped the environmental objections.

Photo: Channa argus, Northern Snakehead (the more usual snakehead). Photo by NYS DEC, Flickr Creative Commons.

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Photo by Linda Michel.

Widely-anticipated hospitality project is under way

By Jackie Mintz

After three months of interviewing residents and staff, Reggie Stephens, a hospitality consultant, turned in a report to the administration containing recommendations for Broadmead’s dining services.

Hired to “observe dining practices in all venues of the community and present recommendations for operational improvement that would result in greater customer experience and create efficiencies,” Reggie interviewed 48 residents and submitted a report containing over 30 recommendations—10 in general, and 20 related to specific dining venues. Most of these have been accepted by the administration.

A summary of these recommendations has been prepared and made available by Joyce Malone, VP for Facilities, who initiated the project.

The most prominent recommendation was to hire a new manager of dining and hospitality who would report to Dan Hall, Director of Dining and Hospitality. A search to fill that position is under way. In the meantime, Joseph Tubman, manager of the Arbor Café and Bistro, is serving as the interim hospitality manager and has started acting on some of the recommendations, including holding daily meetings to ensure that team members understand new standards and procedures.

One especially noteworthy recommendation is to provide each dining venue—Holly Terrace, Arbor Café, Magnolia Room and Bistro—with its own identity. Each would offer different menu options and have a different “venue feel.”

It was also suggested that existing staff act as concierges to provide special assistance during peak dining times.

Some recommendations have already been implemented, such as including a monthly article in the *Voice* on dining, titled “Food for Thought”; relocating the Holly Terrace check-in stand so that residents can be seen as they arrive; offering warm bread at tableside;

see page 7

Trails Day!

Join in the fun of Broadmead’s 32nd annual special celebration of our wonderful hillside trails on **Tuesday, April 22 • 9am-1pm** Stony Run Parking Lot

Added location: Dog Park, for exploring Western Run trail & birdwatching

Did we fool ya?

You may (or may not!) have suspected that the stories on the first four pages of this issue are a joke. Following long-standing *Voice* tradition, the frisky staff has made up some whoppers in honor of April Fool’s Day. The goal is to make news stories sound as plausible as possible, while still including clues that they’re not true. Were you fooled? We hope so!

New Barn Sale leadership

Text and photo by Pat van den Beemt

After shadowing Lucy Wright and Judy Lorenz for a few months to see the ins and outs of the Barn Sale, Lin Hardy has agreed to become Barn Sale Coordinator. Lin, who lives in the York building with her husband, Bill, will officially take the position on July 1, the start of the fiscal year.

She currently chairs the Broadmead Residents Association's Food Committee and will step down from that position on June 30.

"I'm still on the learning curve," Lin said. "I'm like a counselor in training. I'll be an understudy for the next few months."

Lin has experience with the sale of used goods. She was involved with Greater Baltimore Medical Center's yearly "Nearly New" sale for 18 years. She was treasurer for that volunteer group.

While both Lucy and Judy are stepping back from co-chairing the Barn Sale, they will remain involved. Judy is workroom manager and Lucy is inventory manager. Lucy also supports



Lin Hardy.

residents and their families vacating units who want to donate to the Barn Sale.

Lin, Lucy and Judy were very encouraged by the turnout at a recent Barn Sale Open House when 10 additional residents volunteered to participate in the March 28 and 29 Barn Sale.

Barn Sale combined operations in FY-2024 (July 1, 2023 to June 30, 2024) generated \$64,000 from the two Barn Sale Events, the ongoing sales in the Old & New Shop and the ongoing sale of furniture.

Discussing controversial topics is a health issue

Broadmead discourages public discourse on controversial topics like religion and politics not because it wants to restrict freedom of speech, but because such topics can be "triggers" that cause severe anxiety, according to Ann Patterson, VP of Health Services. "It can be like PTSD," she said, inspiring negative reactions that can bring on adverse health conditions. She said that when residents move into levels of care in upstairs neighborhoods, they are checked for what "triggers" may cause a person difficulty. In independent living, triggers are not known and residents need to be sensitive to the potential downside to discussing what can be acrimonious topics. —Alice Cherbonnier

Holly House update

By Willy Sydnor

Now that all of the demolition work inside Holly House is complete, contractors who will be doing the mechanical, electrical and plumbing work have been able to complete a walk-through of the interior, which they couldn't do sooner. Now they are preparing an updated schedule for work.

According to Joyce Malone, VP of Facility Services, "This [phase] includes a walk-through with the Baltimore County electrical inspector to ensure everything is up to code and adhering to the Maryland Historical Trust requirements."

She also says, "Because we changed the scope a little to include the renovation of all fireplaces, including the ones on the upper floors, and changes in wallpaper, we re-submitted these additions to the Maryland Historical Trust for their review and are awaiting their feedback before additional work begins." Holly House will also be wired for Internet service.

Broadmead is paying the architect to provide color renderings of the completed project so residents can see what everything will look like when the project is completed. These will be placed in the lobby of the Community Center for everyone to see.

Holly House's patio area and front porch are also slated for renovation, and will be improved for safe use. Neither outdoor seating area will be accessible to residents until the work is completed.

Also, as mentioned in an earlier article in the *Voice*, a sidewalk leading from the lower level parking area to the Holly House will be installed. This will eliminate walking up a hill in the grass from the lower level parking area.

Hospitality project implementation

from page 1

serving smaller dessert portions; and introducing a QR code that residents can scan to provide feedback about their dining experience.

Recommendations specifically for **Holly Terrace** include providing additional training for servers regarding greeting guests, providing beverage service, and removing dishes. Tray stands are to be eliminated, to be replaced by a bussing station that is out of diners' sight. Dishes will be scraped and stacked at the station and then retrieved and washed by team members in the utility area.

Adding action stations, where foods are prepared directly in front of diners, was also recommended. These could be a site where different pastas and toppings are served, a carving station with different protein offerings, a seafood array, or an omelet station.

The service area of the **Arbor Café** will be completely renovated to include digital signage and improved flow for obtaining food items. Foods on the shelves and in the cases will be professionally labeled. The Café's dining area will have only minor changes—the most significant being the removal of the central tray and trash storage area.

The plan for the **Bistro** is to create a venue that's the "go-to place" for healthy food. Improving service is also part of the plan.

Plans for the seated-service **Magnolia Room** include redesigning the venue and offering lunch as well as dinner service. A different menu, with daily specials, will be offered.

Recommendations for **Catering** include having the manager focus solely on catering. A professionally produced catering packet will be developed and distributed.

Recommendations for **Healthcare dining venues** include improving tray service. China bowls, glassware, and linen napkins will be used instead of disposables. Electric hotboxes will be used to transport foods from the main kitchen.

An acoustics study that has been completed for the Holly Terrace, Arbor Café, and Magnolia Room dining venues is now under review.



Board member Glen Tipton, one of Broadmead's architects in the 1970s, recently resigned from the Board. He was recognized for his extraordinary service with a Board-sponsored luncheon and a Minute of Appreciation. (l.-r.) Glen Tipton, Larry Reid, Rob White.

Broadmead goes cashless on April 1

A Voice Staff Report

On April 1, Broadmead will become cashless at its points of purchase. Cash and checks will no longer be accepted. Several reasons motivated this change.

According to sources in the dining and finance departments, handling cash:

- exposes people to germs.
- adds a layer of responsibility for cashiers.
- takes extra Team Member time.
- adds a layer of responsibility for dining supervisors and managers, who must count currency and coins and reconcile cash drawers at multiple locations throughout the community.
- adds a layer of responsibility for accounting staff.

Going cashless will eliminate these disadvantages, and will also:

- reduce theft risk.
- reduce the safety risk of taking cash to the bank.

Some residents expressed concern that requiring credit cards could disadvantage customers who lack them. Jennifer Schilpp, Chief Financial Officer, said that all team members have the ability to use their name badge to purchase food. She suggested that, if someone's guest does not have a credit card or a phone with Apple Pay, the individual hosting them could pay with their badge and the guest could reimburse the host.

IMPORTANT: *Broadmead, Inc.'s decision to go cashless does not extend to the BRA, which will continue to accept cash payments at the Old & New Shop, Barn Sale and any other BRA revenue-generating activities.*

How environmentally safe are Housekeeping’s cleaning products? *Voice Q&A with Janessa Allen, Housekeeping Office Coordinator*

By Sharon McKinley

Residents have expressed curiosity about the cleaning products Broadmead’s housekeeping team uses. Janessa Allen, Housekeeping Office Coordinator, was asked about this. Her answers are italicized below.

Does everyone on Broadmead’s housekeeping team use the same cleaning products?

Yes. In Independent Living homes, all our Housekeeping Maintenance Associates (HMAs) do. Our cleaning team uses a consistent set of products across the building to ensure uniformity in the cleaning process. This helps maintain a high standard of cleanliness and effectiveness throughout the property. On occasion our team may need to use different cleaning products for specific jobs or infection control reasons.

Are the products provided by Broadmead or by a contractor?

The cleaning products are provided through Broadmead. We ensure the products meet high standards of quality, safety, and effectiveness.

Are these products pet-friendly?

We understand that pet safety is a top priority for residents and appreciate their concerns regarding the cleaning chemicals used in their homes. While we take great care in selecting effective and industry-approved cleaning products, it is important to note that all cleaning chemicals have the potential to be hazardous to pets during use. For this reason, we ask that pets be secured in a separate area during cleaning visits. This precaution helps prevent accidental exposure, such as inhaling fumes, skin contact or ingestion of residues before the area is fully dry. Even products labeled as “pet-friendly” can still cause irritation or adverse reactions, depending on a pet’s sensitivity.

How do you select cleaning products?

The brands we use are carefully selected to be both effective and safe. We try [to] focus on selecting trusted products that are tough on dirt/germs but gentle on the environment.

Can residents provide their own cleaning supplies or do they have to accept what Broadmead provides?

For consistency and training purposes, we use our provided cleaning products. This ensures that all areas are cleaned to the same high standards and that our team is fully trained on the proper use of these specific products. This means that we cannot use resident cleaning equipment and supplies.

What is the substance that gets squirted on our floor before mopping? And on the counters? And in the bathrooms?

The product applied to floors before mopping is a gentle-agent damp-mop product, which is a liquid cleaner that is used with a mop to clean floors without saturating them. For counters, we use a non-abrasive surface “granite cleaner” that is specially formulated to be gentle, effective, and safe for daily use, keeping countertops clean and shiny without causing damage. In bathrooms, a non-toxic and eco-friendly cleaner called “Peroxy” is used. It is a multi-surface cleaner and disinfectant, great for everyday cleaning, stain removal and sanitizing, plus it kills bacteria, viruses, fungi and mildew.

Questions may be directed to housekeeping@broadmead.org.

Nocturnal visitor



If your motion detector light flashes on at night, you may catch a prowler in the act, as one alert resident recently did.

Mount Repose, 1898-1904

By Ed Papenfuse

Whether it be from the War of 1812 in which the President's house and the halls of Congress were torched by the British; the Depression of 1837 that wracked the nation; the Civil War that saw the deaths of over 620,000 men and women, and the end of the slavery; or the post-war economic recession of the 1870s that featured massive labor unrest, Mount Repose, nestled in the tree- and ridge-enshrouded alcove off the Yorktown Turnpike (today York Road, Maryland Route 145), remained a sanctuary for the Webster family.

When the last of Elizabeth Webster's children, William, died in 1880, the legal matter of who actually owned the land became a contentious matter of dispute. In the midst of it all, however, representatives of the Webster family continued to seek refuge there until 1898, when the property was finally sold at auction to the president of the Bank of Towson, John Crowther, Jr., at a fraction of its market value.

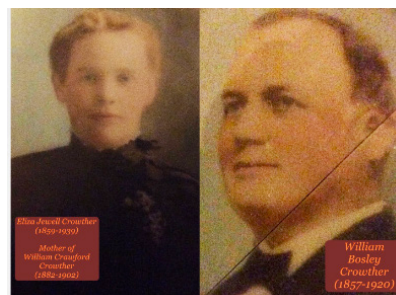
The final years of the Websters and the years of the William Crowther family at Mount Repose was a time of economic chaos for the country. The McKinley Tariff act of 1890, with its 50% taxes on imports, followed by the panic of 1893, threw the country into a fiscal crisis and deep depression. The degree to which these events directly affected the fortunes of the owner, John Crowther, Jr., or his son, William Boyce Crowther, is not known, but it is clear that William and Eliza took pride in living with their nine children in the bucolic setting of the former Shawnee hunting grounds along the banks of Western Run.

William was an active member of the Gunpowder Club, a society formed in 1870 to discuss the improvement of agriculture along the Gunpowder River and its tributaries, including Western Run. Its proceedings were reported in the *American Farmer*, an internationally known journal of farming published in Baltimore. During William's years at Mount Repose farm, the Gunpowder Club met at Mt. Repose, where on one occasion, according to the *Baltimore Sun*, the main topic of the day was "The Storage of Ice and How best to Construct an Ice House." On Monday, November 28, 1898, the *Baltimore Sun* published the following contemporary description of Mount Repose during the Crowther years, extolling its virtues:

"Mount Repose", one of the handsomest country residences and most fertile farms in the country; about one hundred acres are in cultivation, thirty acres in Groves, substantial and spacious BRICK MANSION, Tenement House, complete Outbuildings, fine Barn, Stables, Dairy, Ice House (filled), etc., etc.: good shade, fruit in abundance, finest spring of water in that section. The property is delightfully situated, high and healthy, and in complete order.



Above: The Broadmead Spring House (or possibly Ice House at one time), 2003, courtesy of the Broadmead Archives. Resident Lucy Wright, whose family once lived on the farm, believes it was used to cool milk. She points out that an ice house would not have had windows. Below: William and Eliza Crowther, who once lived at what is now Broadmead.



In 1900, the farm's dairy herd of 40 cows and 2 bulls was sold, and William Bosley Crowther retired from the dairy business. He continued to farm wheat and sell fruit from the orchard with the help of tenants, possibly the Hall family, who were Black. They are listed immediately following the Crowthers on the U.S. Census of that year.

Disaster struck the family in 1902 when an outbreak of typhoid fever killed their son, 19-year-old William Crawford Crowther. By 1904, the family was ready to move. Grandfather John Crowther, Jr., and his wife Worthena Hiss Crowther, the owners of Mt. Repose, sold it to Alfred W. Pleasants, whose wife renamed it Greta Hall, perhaps after the home of the well-known English poets Robert Southey and Samuel Taylor Coleridge—who, in 1799, wrote about their experiments with laughing gas, which they alleged inspired their poetry.

Edward Papenfuse is Maryland State Archivist, retired.

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NATURE COMMITTEE NEWS

Chaotic Gardening?

By Ruth Reiner

Many people think of chaos when native plants are suggested for new and existing gardens. The trend in 2025 and for the foreseeable future is toward more sustainable landscaping, but, if planned correctly, this doesn't necessarily mean an unplanned, totally wild space. Such gardening emphasizes native plants while avoiding invasive plants whenever possible.



Photo credit: Laura Janney, theinspiredgarden.com.

Another common misconception is that native gardening is “hands off,” not requiring maintenance, which isn't the case. This is why it is beneficial to consult with someone knowledgeable about planning the garden space you want to focus on.

A major benefit of “going native” is its effect on the eco-system, attracting birds, butterflies, insects and other animals crucial to the future health of the environment.

Broadmead's horticulturist, Julia Craddock, has prepared a helpful pamphlet with pictures and names of native plants. The Nature Committee has provided valuable resources in the library at the rear of the auditorium.

Happy Gardening!

Ruth Reiner is chair of the Nature Committee.

NOTE: Julia will meet with residents for garden planning and general advice. The consultation fee is \$40/hr. and \$20/half hour. Julia may be reached at: 443-578-8022 or via email at grounds@broadmead.org

NATURE EVENT *Be(e) there to learn about bees*

Do you know there are 400 different species of native bees in Maryland? Find out about these important insects, how they support a sustainable landscape, and what we can do to support their habitat. The Nature Committee invites you to hear from **Sara Yosua, Baltimore County Master Gardener, Thursday, May 1 at 11:00 a.m. in the Auditorium**. Sara will provide a wealth of bee information based on research, and will show amazing photos of bees.



Greenhouse closing for summer May 8

Text and photo by Kathleen Truelove

The approximate frost date for Zip code 21030 is May 8. After that time, tender plants should be safe outside. Therefore, the Broadmead greenhouse will close for the summer on that date. All plants are to be removed on or before May 8. If need be, Maintenance staff will move plants for a modest fee; contact maintenance to request this help.

On sunny days when temperatures rise to the 70s, the greenhouse gets quite hot, so plants will need extra water until they are removed. As the weather warms, keep a close eye on your plants.

An option to harden off plants from the greenhouse before moving them straight outside is to put them in the covered area just outside the greenhouse—the area where the semi-hardy plants spend the winter. A few days there will re-acclimate tender plants to the great outdoors.

If you have plants in the greenhouse that have died, please remove them. Anything (living or dead) left in the greenhouse after May 8 will be thrown out and the pots added to the community pot supply in the cabinets outside the greenhouse.

Questions? Concerns? Contact Kathleen Truelove, Greenhouse Keeper.

How to arrange an event at the Center

By Alice Cherbonnier

The Center of Excellence Health & Wellness (CoE H&W) department handles the meeting reservation process for Broadmead Center and coordinates details about such things as preferred room set-up, catering and Audio-Visual/Internet-Technology (AV/IT) support, according to CoE H&W director Andy Switzer.

Room reservation requests for meeting spaces at the Center should be made via the “Online Requests” tab on Broadmead Connect (a.k.a. Caremerge or GoIcon). Details about needed meeting support should be included in the request. H&W will reserve the requested space (assuming it’s available) and provide scheduling information to the respective support sources.

In the case of AV/IT, this can get confusing. ***If a service request is made by a Broadmead Team Member***, then AV/IT support is provided at no extra charge by Broadmead’s AV crew (part of the Maintenance Department). ***If the request is for a BRA-sponsored event***, AV/IT support is provided at no charge by the BRA’s AV Committee. And ***if a room reservation is made for an independent event***, the AV/IT service is provided by Broadmead’s AV crew, and the requestor is charged for the assistance.

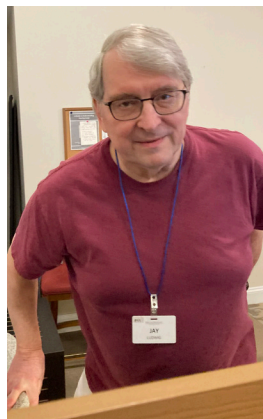
NOTES:

- For direct access to the Room Reservation page on Caremerge, go to <https://api.goicon.com/facilities/1230/social/pages/23887>.
- The CoE H&W department will teach simple AV/IT skills, such as microphone use.

Big screen opportunities with the BRA AV Committee

Text and photos by Alice Cherbonnier

Every time residents sit back to enjoy movies, open forums, music programs and other presentations in the auditorium and other meeting venues at Broadmead Center, they probably have members of the Audio-Visual (AV) Committee to thank.



Jay Ludwig (above) and Jai Dixon (below) lead the BRA’s AV Committee.



A hierarchy of skills is needed to keep things functioning—with jobs as simple as just passing microphones and making sure they’re turned on and off, to keeping the auditorium’s AV systems working. Glitches do happen, and volunteers learn how to troubleshoot them.

For at least six years, Jay Ludwig and Jai Dixon have spearheaded the committee’s crew of stalwarts who make BRA-sponsored presentations come alive with sound and color. They not only do the work themselves, they train fellow BRA volunteers in the handling of AV technologies. Right now they especially need a volunteer to serve as a tech support coordinator and scheduler who could work in conjunction with Natalie Shane in Health & Wellness (see story about how to arrange events in the Center). They are glad to offer “shadowing opportunities” for prospective committee members.

With the increasing number of BRA activities that rely on AV support, additional BRA AV volunteers are much needed, according to Sue Appling, chair of the BRA’s Ad Hoc AV/IT Committee. She and Stan Wilson, BRA

First Vice President, have found that the AV Committee is sorely under-staffed, placing a considerable burden on the most active members.

Stan urged that residents, especially those with tech skills, should step up to join the effort. If volunteers alone can’t keep up with the rising demand for AV assistance for BRA activities, he cautioned, “We’ll either have fewer activities [needing AV services], or we’ll have to pay someone to do it.”

To learn more about volunteer opportunities with the BRA’s AV Committee, contact bra.avcom@gmail.com.



Gloria Martin chops fresh fruit and vegetables every morning.

Food for Thought

Text and photo by Pat van den Beemt

It's 10 a.m. and Gloria Martin is hard at work in the kitchen. For the next 90 minutes, she will slice, dice, cut up, and chop pounds and pounds of fruits and vegetables. Many pounds.

Gloria, who has been at Broadmead for 35 years, takes it one piece at a time. Working with a sharp knife, she methodically divides the fruit into bite-sized pieces so residents can enjoy a slice of pineapple or a chunk of watermelon.

The amount of fruit prepared each week is astounding. Some 60 pounds of cantaloupe and 60 pounds of pineapple are cut up weekly. About 18 seedless watermelons get the knife, and 50 pounds of honeydew melon meet their maker each and every week. In addition, 144 pints of blueberries get eaten weekly.

Residents also love to have whole fruit for dessert or to take home. Each week, they go through 120 pounds of bananas, 30 pounds of grapefruit, 35 pounds of oranges and some 20 pounds of apples.

Broadmead orders 50 pounds of lemons a month, mostly to accompany iced tea orders.

The salad bar uses 40 pounds of leaf lettuce weekly as well as some 60 pounds of romaine lettuce. About 75 pounds of tomatoes are consumed weekly, along with 50 pounds of onions, 20 pounds of carrots and 40 pounds of celery.

The kitchen serves about 45 pounds of vegetables like broccoli, asparagus or string beans, each time they are on the dinner menu.

Eat well. Live well.

Passover celebration on April 15

The Jewish Heritage Group invites the entire community to celebrate Passover at its annual **Broadmead Seder**, with a Haggadah reading followed by a festive meal and sing-along. The event will be held on Tuesday, April 15 in Holly Terrace, beginning promptly at 5 p.m. Reservations are required by April 8. Do that online by going to "Announcements" on Broadmead Connect, email wellness@broadmead.org or call 443-578-x8060.

Magnolia Room begins tableside lunch service

Starting April 3, the Magnolia Room will be offering **lunch on Thursdays and Fridays from 11:30 a.m. to 1:00 p.m.** No reservations are needed. Dinner reservations for the Magnolia Room are still required; dinner service is available Thursday through Sunday from 5:00 p.m. to 6:30 p.m.

BRAF financial aid available

The Broadmead Residents Assistance Fund (BRAAF) provides support to any Broadmead resident whose financial assets, through no fault of their own, are becoming depleted to the point that they may have difficulty meeting obligations. Contact Jennifer Schilpp, Chief Financial Officer, at 443-578-8063 for information about how to qualify.

TECH TIP FOR APRIL

Can't get to a religious service of your faith? Go online. According to Pew Research, 30% of U.S. adults say they go online to search for information about religion, including religious services that stream for those who can't attend in person. —Don Killgallon

OUT & ABOUT

MaCCRA reps go to Annapolis



(l-r, seated) Denise Love, Barbara Scheinin and Dorian Borsella with State Delegate Nino Mangione, District 42A, during MaCCRA's visit to Annapolis on Tuesday, Feb. 24 to meet with state legislators. One topic Del. Mangione discussed with the Broadmead chapter's delegation regarded plans for development on the west side of York Road opposite Valley View Farms. They were informed that this will be a mixed-use business center that will include a WaWa convenience store and at least one restaurant. Photo courtesy of Michael Calva, Del. Mangione's chief of staff.

BRA sponsors bus trip to Winterthur Museum, Garden and Library

On Wednesday, May 7, the BRA and Broadmead, Inc. are jointly sponsoring a bus trip to Winterthur Museum, Garden and Library.

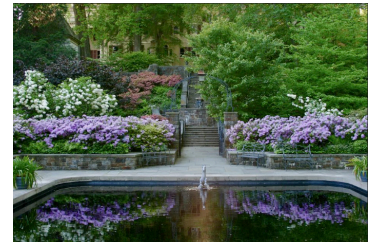
The bus trip will be free, but admission into Winterthur will cost \$22 per person (non-refundable and charged on residents' May Broadmead bills).

The bus will depart Broadmead at 8:30 a.m. and leave Winterthur to return to Broadmead at 2:30 p.m.

Details include: the charter bus has no lavatory, lift or storage area. The gardens are not scooter accessible, as per Winterthur requirements. The museums and home do have an elevator. The library will be viewed but not entered. A grab-and-go cafeteria offering light fare is on premises.

The event is hosted by the BRA Trip Committee: Susan Appling and Bill Hardy.

To sign up, go to the "Announcements" tab on Caremerge (a.k.a. Broadmead Connect or GoIcon): <https://api.goicon.com/facilities/1230/social/pages/18951> More information: Contact Transportation at 443-578-x8023 or Bill Hardy at 443-578-x8541.



Garden scene on the Winterthur grounds. Photo courtesy winterthur.org.



Student Support Volunteer Project holds open house to celebrate 1st anniversary

Barb Hunter (inset) spearheaded the arts and crafts portion of the group's Giving Tree project in December. She also coordinated face-painting and crafts during the Health Fair at Padonia International Elementary School, held in the fall. Barb explained these activities to Broadmead residents who attended an open house in the Fireplace Room on March 14 to celebrate the first anniversary of the Student Support Volunteer Project, sponsor of many community outreach activities. At left, Jo Krause describes her involvement in the Health Fair at Padonia International Elementary School to resident Julie McCann. Photos by Sandy Angell. **NOTE:** Broadmead residents can make tax-deductible donations to the BRA to support the SSVP in the amount of \$100 or higher.

TEAM MEMBER OF THE MONTH

Team Member of the Year: Steve Alcarese

Name: Steve Alcarese

Why Honored: Steve is always willing to help in a quiet way, often going above and beyond. He does any task with diligence. He takes the time to track down issues or concerns and will not leave a task undone. Steve shares his expertise when it comes to strategically planning work at Broadmead to enhance the comfort level for our team members and our residents.

Current Position: Facilities Team—Maintenance Electrician/Mechanic

Length of Service at Broadmead: Nearly 20 years (started in November 2005)



Steve Alcarese.

Peers Say:

- “Steve is a gentle and humble soul who clearly communicates concerns with a soft tone and never demonstrates frustration.”
- “Steve embraces change with a ‘can do’ attitude and understands the need for flexibility in his everyday work life at Broadmead.”
- “Steve is an animal lover, rescuing wildlife and embracing the nature that is Broadmead.”
- “Steve understands the importance for social interactions and has assisted residents

from comprehensive care and assisted living in breakfast gatherings to the Arbor Café.”

Residents Say:

- “He has kindly assisted the Nature Committee by putting up bluebird boxes and has done several other tasks in the nine years of my residency.”
- “Steve fixed my walker—five minutes of his time and a GREAT relief to me.”
- “Team members of Steve’s caliber should be recognized!”

Awardee Says:

“I feel very honored to receive the Team Member of the Year Award. The group of team members submitted for this award are all worthy of the title. I always enjoy coming to work at Broadmead with a supportive team and uplifting residents. The residents are the best part of my job. Every interaction and small conversation make Broadmead a great place to work.”

Information provided by Kirsten Oudin, Volunteer Program Coordinator.

NOTE: As Team Member of the Year Award, Steve received a significant monetary gift as well as a plaque and a banner for residents and team members to sign.

Teeaira Fulton

Month: January 2025

Name: Teeaira Fulton

Why Honored: Teeaira is loved by residents and team members alike. Her dedication, determination and kindness shine. She goes above and beyond, quietly seeing and meeting the residents’ needs before they can think of asking. She is an asset to the Broadmead team and appreciated by the residents.

Current Position: Dietary Aide, Dining Services Department

Length of Service at Broadmead: 1 year

Peers Say: “We are lucky to have Teeaira on our team. She makes us better.”

Residents Say: “Teeaira renders services outside of her main duties and has a loving and



Teeaira Fulton.

caring attitude toward the residents. She never raises her voice and is always kind to the residents and their families. She remembers the special foods residents like and fixes the plate just right!”

Awardee Says: “I do what I do because I love to do it. I really love the residents and being

with them on Hallowell. My sister Latonia, a fellow Broadmead Dining Services team member, has taught me a lot about having a good work ethic. She got me my first job and told me about Broadmead. I love coming to work and being there for people.”

NOTE: Broadmead’s Team Member of the Month is chosen by a committee of peers based on nominations received outlining a peer’s excellent service while upholding Broadmead’s values. The winner receives a coveted parking space close to the Community Center for one month as well as a \$100 Visa gift card and a Broadmead mug. Anyone may nominate a team member who has been with Broadmead for more than six months by filling out the paper form found at the main reception desk or the electronic form found on Broadmead Connect (<https://login.caremerge.com/login/>).

PET PROFILE

Mika: a cat with personality!

Text and photo by Sharon McKinley

When Jackie Mintz lost the second of her pair of tabbies in 2024, she decided to visit the Baltimore SPCA to get a new addition to her household. She found Mika, a beautiful tabby, in keeping with Jackie's tabby tradition.

Mika had been a pregnant outdoor cat, but that didn't stop her from being interested when Jackie came to meet her. Now she's become an indoor cat enjoying the good life! Jackie has had fun with her cats' names over the years: along with beautiful striped coats, they have all had



Mika in a rare moment of repose.

names that start with M.

Mika learned her new name quickly, a very useful skill.

She is now over a year old, but she acts like the kitten she still is. She welcomed a visitor at the door and untied her shoelaces. She enjoys racing around the apartment and fetching and playing with her many toys, which all used to end up under the stove and fridge.

How has Jackie kept up with the toy tumult? Pool noodles, strategically placed to block those underground toy nests.

Along with her attraction to shoelaces, Mika has a chewing fixation. She likes working on zippers and buttons, even more so when Jackie is wearing them. She is a very active kitty, will attack anything, and never stops moving—until it's nap time. Then this overactive, friendly cat sacks out to recharge for the next attack!

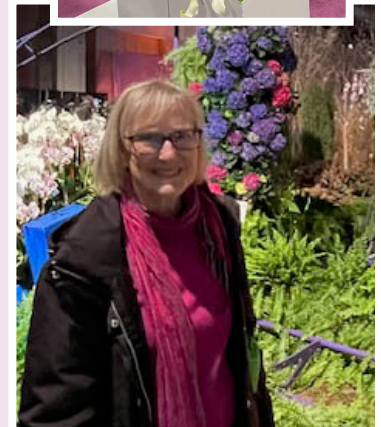
OUT & ABOUT!



Broadmeaders enjoyed a dazzling array of floral artistry during the BRA's bus trip to the Philadelphia Flower Show on March 4. Those who made the trip included Stan Wilson (left), Robin Tate (middle) and Carel Hedlund (bottom). Photos at left and immediately below by Sharon McKinley. Photo of calla lilies by Carel Hedlund. Photographer of Carel unknown.



Photos of the floral arrangements shown above and at right by Kathleen Truelove.



The Lynn Lunch

By Lynne Shue

There's a new Lynn in town! That brings the total number of Lynns at Broadmead up to five. Obviously, Lynn is a very popular name, whether it's spelled Lin, Lynn, or Lynne. As the second-newest Lynne to come to Broadmead, I decided to plan a "Lynn Lunch" to meet all of my namesakes. Four of the five Lynns were able to meet for lunch in the Arbor Café on Tuesday, March 18.

While Lynn Pforr and I are still trying to find our niche in our new home community, I found that the other two more experienced Lynns are already actively making their mark at Broadmead. Lin Hardy is the head of the Food Committee, working with Broadmead's dining staff to make sure our bodies are nourished with nutritious (and delicious) food, while Lynn Jones is part of the Flower Committee, creating beautiful large bouquets of fresh flowers placed in the public areas of Broadmead every week to nourish our mental well-being.

The first Lynn Lunch was a huge success. In fact, we all enjoyed ourselves so much that we agreed to meet for lunch again in the near future. Who knows? Maybe this idea will catch on, and all the Bobs will meet for a Bob Breakfast next, or the Marys will meet for a Mary Meal.

In Memoriam

Lydia Clement

February 14, 1930 - March 20, 2025

FIRST STEPS TAKEN BY BROADMEAD TO SHARE MORE RIGHTS WITH RESIDENTS

The exchange of letters and documents between the Board of Directors of the Broadmead Residents Association and the Board of Trustees of Broadmead shows that, from now on, there will be more sharing of planning and policy-making by the two groups.

At least first steps have been taken –and in a constructive spirit. In submitting the reply of the Trustees, Catherine Motz, chairman of the board, closed her letter in these words: "May this response unite us in our cooperative efforts and not divide us into a we–they syndrome. Let us try this approach and next year, evaluate the results."

The five measures proposed by the Trustees, dated Feb. 17, in response to a "Statement of Principles for Broadmead," submitted by the Residents Association, of which Kenneth Walker is president and dated September 16, reads as follows (verbatim):

1. Continuing the two advisory members selected by the Association, fully authorized to submit items for the Board agenda, and to participate in the discussion of all agenda items except confidential matters.
2. Establishing committees of the Association parallel to the committees of the Board with provision for joint meetings, frequency of meetings to be determined by the joint committees.
3. Convening meetings of designees of the Board and the Association to consider specific critical issues. These meetings may be called by either party.
4. Co-opting individual Residents with special expertise to advise on specific problems.
5. Granting Association representatives reasonable access to Broadmead records as needed to perform their functions.

Sourced from the Broadmead Archives by Kathleen Truelove. The text is original.

Bluestone Restaurant remains a dependable favorite

Text and photos by Jackie Mintz

Timonium’s Bluestone Restaurant, in the words of one of my dining companions, an experienced restaurant reviewer, is “dependable and reliable, with tasty, generous portions—and it’s relatively reasonably priced.”

The noise level at Bluestone can be high, especially on weekends; on a recent Friday night it was quite noisy. Because several of us reviewers are hard of hearing, we had requested in advance a table in a quiet area. Not only did Bluestone’s



The New Zealand lamb chops (served with garlic mashed potatoes, *haricots verts* and lamb *jus*) were very tender and succulent and the string beans were fresh and crunchy.

The Beef Short Ribs (slow braised, onion-mushroom garnish with a beef *demi-glace*, mashed potatoes) weren’t as great. The sauce was rich and flavorful, but the nicely flavored short ribs were slight-

ly tough. Our server during the visit was especially adept and thoughtful.

The food was very good, with a couple of exceptions. For starters, we ordered only two dishes. The Shi shi cauliflower, dusted and fried in rice flour, was served with a sweet garlic chili sauce. The sauce was excellent, pungent and tangy. Most of us



thought the other starter, flash-fried calamari served with a southeast Asian sauce and marinara, was just average, but one diner, an aficionado of fried calamari, was very disappointed with it.

Most entrees were very good. The “Two-way Tuna” (half sesame crusted with ginger glaze, half blackened with cucumber wasabi) was a success: it “tickled the palate” with its contrasting sauces and toasted sesame seeds.



Clockwise from top: Shrimp salad wrap with sweet potato fries, Hot Chocolate Mousse, New Zealand lamb chops, Two-way Tuna.

ly tough.

One diner enjoyed her shrimp salad wrap, but the grilled bronzino fell below expectations for another: “the bronzino was



strange—absolutely no flavor.”

Having filled up on entrees, we limited ourselves to two desserts: the tiramisu (whipped mascarpone cream, coffee syrup, cocoa powder) was excellent, and the “Hot Chocolate Mousse” (smooth dark chocolate mousse, hot

fudge, and homemade whipped cream) was outstanding: intense, creamy and luscious.

Occupying the whole of a large building, Bluestone seats up to 400 people. There are several special rooms for private dining and events.

Bluestone Restaurant, 11 W Aylesbury Rd, Timonium, MD 21093; 410-561-1100. Large parking lot, often very full. Tuesday-Thursday & Sunday, 11:30am-9pm; Friday & Saturday, 11:30am-10pm; closed Monday.

BOOK REVIEW

The Wide Wide Sea: Imperial Ambition, First Contact and the Fateful Final Voyage of Captain James Cook

By Hampton Sides

Doubleday Publishing, 2024; 432 pages; \$35 hardcover

In the late 1770s, surveyor and map-maker Captain James Cook was recognized by King George III for charting vast parts of Canada after the French and Indian War. The king rewarded him with a third voyage, and in 1768 Cook set sail aboard the *HMS Resolution* to explore and chart a Northwest Passage connecting the Atlantic Ocean to the Pacific Ocean. Along the way, he expected to map the mythical Terra Australia and New Zealand territories. He took with him a young Polynesian man named Mai, whom he had brought back from one of his earlier voyages and whom he considered to be his human pet. Mai had become the darling of London Society.

Cook's new plan took him into the Hawaiian Islands. As his ship came into view of the Big Island, the natives, skeptical at first, were delighted to see this white-faced man whom they thought could be their god named Lono. Festivals were held and young ladies boarded the ship and offered themselves to Cook and his crew.

These halcyon times took a drastic turn, however. Cook was later killed in a dispute with indigenous Hawaiians.

The Wide Wide Sea was deservedly named one of the *New York Times* Book Review's "10 Best Books of the Year" in 2024. The *Wall Street Journal* called it "thrilling and superbly crafted." A reviewer on Amazon summarized it well: "At once a ferociously-paced story of adventure on the high seas and a searching examination of the complexities and consequences of the Age of Exploration...."

—*Sidney M. Levy*

NEW RESIDENT PROFILE

Alan Evans

J-3 443-578-8379

alanwe46@gmail.com, February 2025

Text and photo by Jackie Mintz

Though a newcomer to Broadmead as a resident, Alan Evans has had a longtime relationship with Broadmead, having served for five years on its Board of Trustees and for nine years on the Board of Friends Care, Inc.

Alan's career is divided into two parts. The first, in broadcasting, began in his freshman year at college, when he walked into the local radio station and was hired to read news and be a disc jockey. He got the job, he says, partly because he correctly pronounced "Beethoven," which was important to the sister classical music station.



Alan Evans.

Alan moved to Maryland in 1971 when he accompanied his then-wife, who came for a job at Maryland Public Television. Alan was hired there too. From then to 1984, he served in creative and management roles in public television at Maryland Public Television as well as in New Orleans and Washington, DC.

In 1985, Alan embarked on a second career, in fundraising. He was hired by Johns Hopkins

Medicine as the Director of Corporate and Foundation Relations.

A few years later, he became Deputy Director of all fundraising for Johns Hopkins Medicine. In 1998, he moved to the Chesapeake Bay Foundation as the Vice President of Development and Membership. His next stop was as Executive Vice President of Fundraising at the National Wildlife Federation.

In 2001, after 16 years of working in institutions, Alan decided to leave organizations and began serving as a fundraising consultant until 2008, when he retired.

While he loved his paid careers, Alan says his most satisfying work has been serving as a spiritual friend and companion to those seeking a deeper spiritual life. After preparation at the Shalem Institute for Spiritual Formation in the mid-1990s he has accompanied dozens of individuals and groups on their spiritual journeys and has led many spiritual formation workshops and retreats. For the past 15 years he has been the co-leader of the Baltimore Yearly Meeting's Spiritual Formation Program, which serves 44 Quaker meetings in the mid-Atlantic region.

Alan was born in Columbus, OH, in rural Licking Valley, and attended Wilmington College and Ohio State University. He and his wife, Anita Langford, moved to Broadmead from the Summer Hill community, in nearby Jacksonville. Alan has one son by a previous marriage, Brian, 45, who lives in Washington State.

NEW RESIDENT PROFILE

Colleen Jordan

B-8, 443-220-7979

colleenj9@gmail.com, January 2025

Text and photo by Willy Sydnor

Colleen Jordan had hoped to break free of the limited expectations for women of her era in Pittsburgh, PA, where she was born in 1945. However, she was sent from her hometown to the National Cathedral School for Girls, a boarding school in Washington, DC. The girls there were expected to dress for dinner, and a chaperone was to be in the room when men, even her brothers, came to visit. But Colleen loved being taken to the ballet, symphony, and museums.



Colleen Jordan.

One of the “life-changing events” of her life happened when she graduated from NCS. Students were offered the opportunity to live with English families while volunteering at the grand reopening of the Coventry Cathedral. Colleen said they had “so much independence” while in England and were surrounded by others coming from other areas of the world.

When she came home, she earned a B.A. from Carnegie Mellon University in Pittsburgh. Then, even though it hadn't been her career goal, she found she loved being a teacher. She moved to Baltimore, where she taught mostly 11th and 12th grades, working at three different schools until the last 20 years—which she said were her best—at Carver School for the Arts in Towson. Students had to apply to attend Carver, so they came to school because they wanted to be there. She stayed at Carver until she retired about 10 years ago.

While teaching, Colleen was also a single parent to her three children, who now live with their own children in Wisconsin, Florida, and Vermont. She raised her children in Roland Park, where she lived in a bookcase-filled home for 55 years.

Perhaps inspired by her earlier experience in England, she loves travel, and among other places has visited Africa, Denmark, and Russia (where she lived for a month).

Colleen's loves of reading and gardening have been curtailed due to macular degeneration, but she is looking forward to appreciating the landscape here at Broadmead.

Love to Sing? The Broadmead Chorus wants you!

The Broadmead Chorus welcomes new singers. Rehearsals are at 10:30 a.m. on Fridays. Contact Hillary Barry: hlbpcb@gmail.com.

First Monday Book Group

All the Light You Cannot See,
by Anthony Doerr
Monday, April 7, 10:30am
Fireplace Room

Mystery Book Group

Monday, April 21, 1:00pm
Uplands Community Room
Helsinki Homicide:
Against The Wall, by Jarkko Sipila

Books: The Classics

The Sound and The Fury,
by William Faulkner
Monday, April 21, 10:00am
Fireplace Room

Broadmead Writers

Every Friday at 3-4:30pm
Contact Maggie Babb:
maggie.babb@gmail.com

Broadmead Chorus

The Broadmead Chorus
will celebrate the season with
a Spring Concert
in the Auditorium
on Monday, May 9, 11-12pm

Music Committee

Sunday, April 6
Auditorium • 3pm
Jacqueline Schwab, pianist

Sunday, April 13
Auditorium • 3pm
The Trombone Choir

Sunday, April 27
Auditorium • 3pm
The Students from
The Dance Connections

New Arrivals

Janet Raffetto and Peggy Hardin

March 24, N-5

Janet 410-952 9540, Peggy 410-960-8243

Rick and Jan Koester

March 27, C-1

Rick 410-294-1060, Jan 410-236-7161

Turner and Judy Smith

April 1, E-9

Turner, 410-218-6101
and Judy, 410-375-6230

Moving Around Campus

Karen Meadow, P-12 to M-9

Celeste Smalkin, P-9 to T-322

Open Forums

Beth Benner, director of the Women's Housing Coalition, will discuss the ever-growing issues of homelessness among women and children in the Baltimore area on Friday, April 10, 7:00pm, Auditorium

Judge Richard D. Bennett, Senior Judge of the United States District Court for the District of Maryland, will discuss the role of the courts today on Friday, April 24, 7:00pm, Auditorium

Journal of Poetry and Prose

Spring is coming and it is time to start the *Journal* process.

Submissions will be collected through April and published in May. Send poems and stories for the Spring

Journal to Joe Nietubicz at joen1234@comcast.net

The *Journal* operates by free subscription to keep costs down; copies are provided only to those who request them. Email Joe to get on the subscription list.

NEW RESIDENT PROFILE

Anita Langford

J-3, 410-599-2510

amlangfo@verizon.net, February 2025

Text and photo by Jackie Mintz

In moving to Broadmead, Anita Langford not only increased the number of residents who are nursing professionals and Quakers, she also increased the number of residents who are Trustees.

During a 36-year career at Johns Hopkins Bayview, Anita served as Director of Psychiatric Nursing, Director of Geriatric Nursing, Nursing Home Administrator and Vice President for Care Management Services. She also helped lead the transition of Baltimore City Hospitals into the Johns Hopkins Health System. She was a leader in the planning and construction of Johns Hopkins Geriatric Medicine's long-term care facility, and she spearheaded the creation of Hopkins ElderPlus, an innovative model for cost-effective care for frail elders.



Anita Langford.

Anita, a current member of Broadmead's Board of Trustees, has chaired its Health-care Committee. She has also served on the boards of a number of local, state and national geriatric service organizations.

A member of Gunpowder Friends Meeting in Sparks, Anita holds dear the 25 years she has been participating in Gunpowder's Spiritual Formation Program.

She is married to Alan Evans, and their story has the makings of a good movie. Back in the mid-1980s, both newly divorced, they met at a church singles group. They became friends and would meet for lunch on Sundays and discuss the challenges of their dating experiences. Two years on, they realized that they found each other much more interesting than the people they had dated. They were married a year later. Blending their two families was made easier because Anita's two daughters from her earlier marriage had been babysitters for Alan's son.

A native of Baltimore, Anita attended the University of Maryland, from which she has a B.S. in Nursing and a M.S. in Psychiatric Nursing. In retirement, Anita has volunteered as a teacher of basic nursing skills at the Caroline Center, an organization in Baltimore City that trains geriatric nursing assistants. She also enjoys classes in watercolor painting, spending time with her family, reading, and walking.

NEW RESIDENT PROFILE

Lynn Keigler Pforr

Q-9, 410-409-6994

lpforr2@verizon.net, February 26

Photo and story by Pat van den Beemt

Lynn Keigler grew up wanting to be an elementary school teacher, but changed her mind after babysitting rambunctious young kids. Instead, the Baltimore native decided to become a Spanish teacher. She attended Western Maryland College, where she majored in Spanish with a minor in education.

In 1973, she was hired by Beall Junior-Senior High School in Frostburg, MD, to design and start that school's Spanish curriculum.



Lynn Keigler Pforr.

She was *muy contenta* with that job for the next eight years, and organized student trips to Spain and Mexico. Lynn then took a job teaching Spanish and World Cultures at Notre Dame Preparatory School in Towson.

In 1986, she met her future husband, John Pforr, at her brother's wedding. John was a Secret Service agent who was the father of two children. Lynn and John married in 1988 when she was 36 and he was 49. They lived in Mays Chapel.

Lynn, who is a huge sports fan, held a series of jobs after marrying, including working for the Baltimore Orioles ticket office. She also taught Spanish part-time at St. Paul's School for Girls and was a substitute teacher and tutor there.

Both Lynn and John loved to travel. They took seven cruises and visited London four times because John was a Sherlock Holmes aficionado. They also attended many conferences for retired Secret Service agents. John died in 2020.

Lynn travels to Florida several times a year to see her 96-year-old father, who recently gave up golf but still plays bridge. She sings with the choir at the Church of the Resurrection and has just joined Broadmead's Chorus.

She also enjoys knitting and working on jigsaw puzzles.

Her 13-year-old cats, brothers Pancake and Macaroni, love looking at people in the Fitness Center from their table in her enclosed patio. The humans enjoy looking at them, too.

NCR Trail Trips on Thursdays until May 22

Join fellow Broadmeaders for trips to various locations along the NCR Trail. Bus leaves lower level at 9:30 a.m. and returns at approximately 11:00 a.m. Signup is required. To sign up, or if you have questions, email wellness@broadmead.org or call 443-578-8060. Note: No trail trip on April 30.

Quaker Meeting at Broadmead

Sundays 10:30 - 11:15am

Fireplace Room

All residents are invited.

Resident Email Lists (for current residents only)

To join the Broadmead resident email list:
Send email to: brabroadmead@gmail.com.

To join the BRA business email list:
Send email to: joen1234@comcast.net.

Socrates Café

Short video: "Wisdom at 96:
Life Advice from a
Century of Experience."

Question to probe:
"As we age, what do we still have
within us to give?"

Tuesday, April 15
10:30-11:45am

NEW LOCATION: Board Room
Sponsored by Towson Unitarian
Universalist Church
Open to all

Play Scrabble

Every Monday and Friday from 3-5pm:
Mondays in the Upland community room
Fridays in the York community room
New players always welcome.

Play Bridge

Duplicate Bridge Game

Mondays in the Fireplace Room • 1-4pm
Contact Sumner Clarren 301-648-8855

Rubber Bridge Game

Wednesdays in the Fireplace Room
Lessons by Sumner Clarren at 12:30pm
Play bridge 1:15-3pm
Contact Marj Espenschade 443-578-8351

Bridge Round Robin

The 2025 Round Robin Bridge Tournament is now under way around campus.
Contact Bob Goren to register as a substitute or stand-by player: 443-257-6502.

Poetry Playground

Keep your eyes out for the Poetry Playground, coming to the Wellness Lobby Space in April.

Play Mexican Train Dominos

Players gather on Mondays at 6:30 in the Library.
If you're new to the game, experienced players will teach you.
Contact Barbara Scheinin: bjscheinin@icloud.com.

Art Studio offerings

In addition to the regular Wednesday art class, the art studio offers **Beads & Recycled Paper** on Tuesdays at 10 a.m. (contact Leslie Glickman), a **Stitching Interest Group** on Tuesdays at 1:30 p.m. (contact Denise Love), **Ceramics Class** on Thursdays at 1 p.m. (contact Willy Sydnor), and **Creative Arts** (a multi-media beginner art class) on Mondays at 10 a.m. (contact Jane Elkinton or Jai Dixon).
Enrollment is limited, so check with the designated person for each session to be sure there's space for someone new.

Vespers

Sunday, April 20 • 4:00pm
Auditorium
Officiant:
Rev. Angela C. Bullock
Broadmead Spiritual Coordinator

NEW RESIDENT PROFILE

Polly Roberts

L-14, 410-746-3110
probertsmd@comcast.net, February 2025

Text and photo by Kathleen Truelove

Polly Benbow's first ambition was to become an astronaut, but her guidance counselor at Lutherville Elementary School informed her that girls could not be astronauts. She decided then to pursue another profession usually reserved for men: that of medical doctor.

After graduation from Towson High, she attended Goucher College, followed by the University of Maryland School of Medicine. She completed her pediatric internship, residencies, and fellowships at the University of MD Medical Center in Baltimore. Polly's



Polly Roberts.

career was primarily in public health, focused on pediatrics, while working for the Baltimore City Health Department, the Maryland State Health Department, and the Baltimore County Health Department. Her work was a combination of administrative and clinical work, which she found fulfilling.

The Youth Group at the Church of the Redeemer was where Polly met her husband Scott, who became a fourth generation Chesapeake Bay pilot. Scott retired after a 45-year career piloting ships between Baltimore and Cape Henry, VA, and through the C and D canal. He died in June of 2024, at which time the couple were already on the priority list to move to Broadmead.

Polly decided to go ahead with a move, but to a smaller home. In October, she was offered L-14, adding the stress of a move to her recently widowed life. Now that she's at Broadmead, she is enjoying settling in, relaxing, and meeting new friends.

Polly has a son, Derek, who lives in Owings Mills, and a niece, Tanya, who has been like a daughter to her, having lived with her for ten years during her teens.

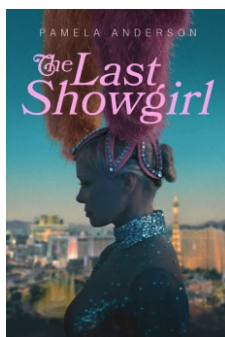
Polly's hobbies are gardening, particularly with native plants, hiking, reading, and fitness. She was a Wellness Member prior to moving to Broadmead, so she knows her way around the gym, and has already sampled the offerings at the Broadmead Library.

She served on the board of the Oregon Ridge Nature Center Council for 25 years, where she chaired the Scholarship Committee. She and Scott enjoyed travel, especially cruises, with Scott always checking out the pilot boat when they came into port. Two cruises Polly especially enjoyed were to Cuba in 2019 and to the Amazon a year ago.

In the past Polly owned five golden retrievers and numerous cats. Without a pet at the moment, she is contemplating getting a new dog, but is uncertain whether she and a golden can fit into L-14.

APRIL MOVIES AT BROADMEAD

Saturdays and Tuesdays • Auditorium • 7:00 p.m.



Saturday, April 5 **The Last Showgirl**

Amazon rental. Shelly Gardner, a middle-aged Las Vegas showgirl, is faced with an uncertain future after learning that the revue she has performed in for three decades is scheduled to close. Directed by Gia Coppola, with Pamela Anderson, Jamie Lee Curtis, Dave Bautista. 2024 Drama R 1 hr 29 min



Tuesday, April 8 **Nickel Boys**

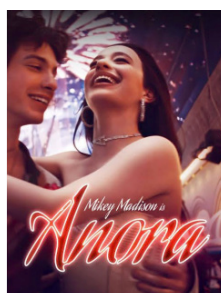
Amazon rental. Chronicles the powerful friendship between two young Black teenagers navigating an abusive reform school in Florida. Based on the novel by Colson Whitehead. Directed by RaMell Ross, with Ethan Herisse, Brandon Wilson, Aunjanue Ellis-Taylor. 2024 Drama PG-13 2 hr 20 min

Please note that the movie schedule is subject to change.



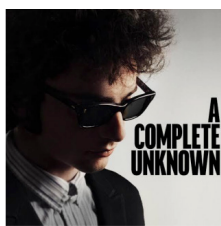
Saturday, April 19 **Crossing Delancey**

Criterion Channel, Amazon rental. Isabelle, a Manhattan single, meets a man through her Jewish grandmother's matchmaker, but is more attracted to a married writer. Directed by Joan Micklin Silver, with Amy Irving, Peter Riegert. 1988 Romantic comedy PG 1 hr 37 min



Tuesday, April 22 **Anora**

Amazon rental, Hulu. Anora is a young sex worker who, after briefly dating the son of a Russian oligarch, agrees to marry him. When the family hears of the marriage, they mobilize to annul it. Directed by Sean Baker, with Mikey Madison and Mark Eydelshteyn. 2024 Drama/Comedy R 2 hr 19 min



Saturday, April 26 **A Complete Unknown**

Amazon rental. The film portrays Bob Dylan through his earliest folk music success up to the controversy over his use of electric instruments. Directed by James Mangold, with Timothée Chalamet, Edward Norton, Elle Fanning, Monica Barbaro. 2024 Music biopic R 2 hr 21 min

BRA Music Committee Musical Movie Matinee presents...



"Grease"

Date: Wednesday, April 2
Time: 3:00pm
(Running Time 1h 50min)
Location: Auditorium

This musical movie depicts the lives of greaser Danny Zuko (John Travolta) and Australian transfer student Sandy Olsson (Olivia Newton-John), who develop an attraction during a summer romance. "Grease" was released in the U.S. on June 16, 1978, by Paramount Pictures. Questions? Contact Don Killgallon at dkillgall@gmail.com or call 410-804-7446.

Unusual gathering of vultures at Lake Maybe



On February 24, Sharon McKinley used her cellphone to capture this photo of the rather unnerving assemblage of vultures on the fence around Lake Maybe.

By Debbie Terry

For several days in late February between 7:30 and 10 a.m., several Turkey Vultures and a few Black Vultures perched on the fence around the storm management pond (a.k.a. Lake Maybe), some with their wings spread. Others perched awkwardly with their wings open on the grass outside of B Cluster, while several were seen wading into the water by the outfall. Needless to say, residents in the vicinity did a double-take when they saw this.

It was very unusual for vultures to be seen at Broadmead's pond. Why were they here, and will they return again to this unlikely location? The possible explanation is that, during cold days, vultures "sleep in," waiting for the ground to warm. Once thermal updrafts are created, it is easier for them to glide and soar. In the early morning, our entire fence is covered with bright sunlight. This provides a location where vultures can perch, warm their bodies, and dry their outstretched wings, baking off any bacteria.

If you would like to know more about vultures, visit the menu at the top left of the Broadmead Connect site. Scroll down to the topic "The Voice," click on it, and then click on the March 2023 issue of the *Voice*. Go to Page 11 and read the article "The Ubiquitous Turkey Vulture."

Voice of the Residents Vol. 46, No. 8 • April 2025

Broadmead, 13801 York Road, Cockeysville, MD 21030

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EDITORIAL POLICY: The *Voice* is published September through June by and for the Broadmead Residents Association, whose president is Kathryn Shelton. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, The *Voice* does not publish criticism or controversial opinions about individuals or about the three organizational bodies that constitute Broadmead (residents, administration and trustees), as there are established procedures for the resolution of internal problems. The *Voice* will not publish matters of a religious or political nature, except in the context of reports about events on campus. Publicity for upcoming events is preferred to reports on events already held. Submissions from outside media are not published owing to space limitations and possible copyright issues.

Decisions about content as well as writing and photography assignments are made by the Editor in consultation with the Editorial Board, at meetings usually held the fourth Wednesday of each month. Ideas or suggestions for articles should be submitted to the Editor, Alice Cherbonnier, by email: alicecherbonnier@gmail.com. Only electronic files are acceptable. Files should be submitted in Word or Pages. All copy is subject to editing, including for length. Photos should be submitted in high resolution (actual size).

Deadline for submissions for the May issue is the 15th of April. Please query editor if you have a story idea. All submissions must be digital. Photos must be high resolution.

MULTICULTURAL EVENT

Marco Polo's Voyage to China and Back

At 3 p.m. on Wednesday, April 9, there will be an illustrated talk in the Auditorium by popular presenter Jerry Kahan. He'll be talking about the meeting of cultures in the 13th century when Italian Marco Polo traveled to China. This opened up the famous spice and silk trades that changed the world. The speaker comes with a special interest in spices, having retired from McCormick. He is expected to give his audience some of the "spicier" details of history that still affect the world today. The talk is sponsored by Broadmead's Multicultural Committee.