



## No fake blossoms here! Flower committee beautifies Center

*Text and photos by Kathleen Truelove*

The genesis of placing fresh flower arrangements in public areas here at Broadmead is shrouded in the mists of history. Mention was made in early editions of the Voice of residents informally placing arrangements, but it did not seem to be an organized effort.

Resident Sally Robinson says that early residents collected flowers from funeral homes to be recycled. It was longtime resident Bea Post, who arrived in 1999, who organized the flower arrangers into a formal group.

In 2010, Barbara “Tippie” Sieck moved to Broadmead. Her late husband was the third generation owner of Claymore Sieck Wholesale Florist, founded in Baltimore in 1918. Although Tippie died in 2022, this fortuitous connection continues down to the present, with Sieck Floral Group, as it’s now known, providing floral



*Above: Jeannie Platt and Linda Michel arrange flowers in resident-created pottery bud vases, to be placed on dining tables. Below: Gwyn Sirota and Harriet Goldman decide how to place flowers in a bud vase. Photos by Kathleen Truelove.*



material year-round for the Flower Committee, at very favorable prices.

Each Tuesday morning, flowers and greenery are ordered, sometimes with specific items requested—and often asking that Regina Sieck, Tippie’s granddaughter, throw in something surprising. The flowers are

delivered on Wednesday morning, when Angela Breakey and Harriet Goldman unpack them, trim the stems, and put them in vases of water in the Flower Room’s refrigerator to await arranging on Friday morning by Anne Daly, Lynn Jones, Sharon Karsk, Penny Partlow, Marnie Pilachowski, Sally Robinson,

Kathleen Truelove and Sally Weinman. Elborg Forster recently stepped down due to ill health, after many years with the group.

After creating floral arrangements to be placed around the Center, Kathleen Truelove or Sharon Karsk sets them out. These arrangements are watered and checked for wilted material on Monday by Sally Robinson and Marnie Pilachowski, then are collected and dismantled on Thursday by Lynn Jones and

Sharon Swackhamer.

Other plant material is gathered from common areas and members’ own gardens in season. Yarrow and baptisia near the Holly House provided a bonanza of blossoms in the late spring. Inflorescences from ornamental grasses add movement to arrangements in late summer and fall. Perhaps most notably, zinnias are grown specifically for use in summer arrangements. Lucy Wright planted and tended zinnias in the raised bed on the north side of the pickleball court, and this year another bed of zinnias was added in the resident garden plots. Both areas have State Fair zin-

*see next page*

### Flower Committee

from page 2

nias from Burpee, which come in a rainbow of colors and grow on long stems for cutting. Because the raised bed has proved not to be ideal for zinnias, they will no longer be planted there. The plot will be transformed into an herb garden.

In addition to the 19 large arrangements for the Center, 60 or so bud vases are filled each Friday, to be used on dining tables in the Holly Terrace, the Magnolia Room, and on Taylor. These are prepared by Leslie Glickman, Linda Michel, Jeannie Platt, Gwyn Sirota and substitutes Bunny Dadds and Harriet Goldman, under the direction of Mary Sturm. The charming bud vases were made by the ceramics group, and the flowers in them are little flower arrangements on their own. The bud vases are collected on Thursday mornings, emptied, washed, and readied to be filled on Fridays.

With the renovation of the Community Center, the Flower Committee got a lovely new home that includes a florist's refrigerator and a dishwasher for the containers, which was generously funded by the BRA. It is a comfortable workspace with a large table area for making arrangements and shelves along two walls to accommodate the many containers the group has accrued.

Since Broadmead, Inc. now has a contractor providing most holiday decorations, the Flower Committee is considering its options for this holiday season. With the renovation of the upper entrance, placement of arrangements in that area has become challenging, but as the dust settles (literally as well as figuratively), a plan will emerge.

The Flower Committee members enjoy providing fresh flowers all year for the Community Center. It is a lot of work—and a lot of fun.

*Kathleen Truelove is Chair of the Flower Committee.*



*Above, Corky Goetzke (left), of the Guilford Garden Club, gives a floral arranging workshop to flower committee members (l.r. around table) Kathy Shelton, Linda Michel, Lynn Jones, Anne Daly, Marnie Pilachowski, Gwyn Sirota, Sharon Swackhamer and Sally Weinman.*

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### Bobby Donovan to lecture on Moscott exhibit

By Jackie Mintz

**B**obby Donovan, the artistic advisor to The Arts Council, will give a lecture, "Using Our Indoor Voices," about the paintings of Paul Moscott and the paperworks of Carlene Moscott, currently on view in the South Hall. In the lecture, which will take place on Wednesday, October 16 at 4 p.m. in the auditorium, Donovan will explore the ways in which these distinctly different artists see the world, their personal expression and the forces that shape artistic vision.

He will look at the ebb and flow between private and public, real and imagined, chaos and order—all the while asking the question that is always being asked among artists: "What's more important, what I see or what I know?"

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### "Tech Tip" for October

Bring Wegman's (and more) to your door through [instacart.com](https://www.instacart.com). Choose items, delivery time, and tip amount for the person who does your shopping and delivery. Costs more, but saves more—on your gas, time, and walking up and down the store aisles. Go to: [www.instacart.com](https://www.instacart.com). —Don Killgallon

## Bruck Fund at work

from page 1

residents served. She takes care of the day-to-day details, and reports to the Director of Social Work. She buys or plans special food items for neighborhood happy hours and resident birthdays, arranges for decorations and supplies, creates invoices, runs programs, and more. Food Services and the Lifestyle office help share responsibilities and costs.

The Bruck Fund also provides residents with opportunities in music therapy, movement therapy, massage therapy and creative expression. Betty has even brought in the Zoo-Mobile from the Maryland Zoo in Baltimore, and says a visit by baby kangaroos was a big hit with residents. Even the Oriole Bird has made an appearance.



Laura Gibson on harp.  
Photo by Sharon McKinley.

On a recent Wednesday, a Destination Drumming session was taking place in Hallowell. Contractor Laura Gibson and her mother Karen handed out musical instruments to the residents, who then created the rhythm while they sang along. Pearl van Natta proved to be an expert with the instruments. Nancy Hauss and Bud Nixon played with gusto. Betty helped facilitate, and the residents' smiles were bright.

*The Bruck Fund is well endowed, with almost \$3M available at the end of FY23. While donations to augment the fund are welcome, other Broadmead funds are more in need of support. Consult Eleanor Landauer, VP of Advancement and Communications, about giving opportunities on behalf of Broadmead: elandauer@broadmead.org or 443-578-8044.*

## Do you need help in your garden?

By Kathleen Truelove

The cottages in the cluster homes have outdoor space ranging from a little bit to a decent-size garden for the older gardener. It's a reason new residents choose a "garden home." But even a small yard can prove to be a challenge to maintain as the resident grows older, with uncooperative knees or back, or when they just get tired of pulling weeds. What's an elderly resident to do? Good news: help is available.

Closest to home, Sara, of Broadmead's grounds team, can be engaged to work in residents' individual gardens at a rate of \$40/hour, with a half-hour minimum. Contact Maintenance for Sara's assistance.

Several residents have gotten garden help from Wendy Cohen, who has been digging in Broadmead's dirt for years. She is an artist and yoga teacher who used to run the greenhouse at Ladew. She charges \$35/hour and can be reached at wendywcohen@gmail.com or 410-771-4077.

Kingsdene Nursery may also be able to provide help; call 410-343-1150.

Jane Mullen helps residents with their gardens, but she says she is not taking new clients at this time.

Word of mouth is always a good source—ask your neighbors for a recommendation.



*It's finally happening! The sidewalk to the new entrance has been poured and the long-awaited new entrance to the Center from the garden homes is set for completion in October. The mailbox area will be ready later. See page 12 for story. Photo by Willy Sydnor.*

## Comprehensive Campus Plan: status

### Q&A with Gina Mathias, VP of Sustainability

#### Where can constituents see the results of the Hord Coplan Macht (HCM) survey about the Comprehensive Campus Plan?

There is not a published summary of the survey. Work Group members will have a follow-up meeting with HCM at the end of September to review the survey results.

#### When will the draft final report for the Comprehensive Campus Plan be available for review? By whom? What's the process for approval?

The draft report will be available in October. We are currently working on scheduling the next Work Group meeting to review the outline of the report and confirm the main elements that have been selected. The draft report will then be reviewed by the Work Group, Executive Leadership Team, and the Board for any changes before it is finalized.

#### Will the final Comprehensive Campus Plan report be shared with residents?

The final report will be presented to the community with HCM. I do not have a schedule of presentations yet.

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### Help available from (BRAAF)

The Broadmead Residents Assistance Fund (BRAAF) provides financial assistance to any Broadmead resident whose financial assets are becoming depleted to the point that they may have difficulty meeting all their obligations. Awards may be used for ongoing need or for a one-time expenditure, such as purchasing medical equipment or walking aids.

Start the application process for BRAAF assistance through Jennifer Schilpp, Chief Financial Officer, at 443-578-8063). Get started by downloading and printing an application form from [broadmeadbra.org](http://broadmeadbra.org) (under the "Documents" tab).

## Sustainability plans for FY 2025 announced

By Pat van den Beemt

Broadmead's Office of Sustainability will tackle issues big and small this year. Gina Mathias, VP of Sustainability, said projects will range from installing LED lightbulbs in common areas to saving the forest on the hillside on the north side of campus.

In addition to the lightbulbs, small projects include a pilot program where a dozen residences will have a leak detection system put on their toilets. If successful in finding water leaks, it's possible the entire campus will eventually receive the devices.

One massive undertaking is to come up with ways to stop erosion on the hillside and encourage new tree growth—which deer make difficult. This fall, there will be a deer survey, the results of which will be used to create a deer management plan. In addition to tackling the overpopulation of deer, other possibilities being explored include putting up fencing to protect new plantings, or even fencing in certain areas of the forest.

Gina is researching grants that may help pay for campus environmental enhancements. Potential sources of assistance being explored include the U.S. Fish and Wildlife Service and the Chesapeake Bay Trust.

Another area of concern on the campus is the massive amount of invasive plants, including Japanese knot weed, along the Western Run stream. Gina is looking to coordinate major activity in the spring that would include the use of bush hogs and student volunteers, as well as organizations such as the Gunpowder Valley Conservancy. Once the invasive weeds are removed, a major planting of native species would take place.

A final project is to redesign the patio used by Darlington residents. The goal is to create a more usable space that includes shade, plants and comfortable furniture.

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### Western Run Water Testing

By Pat van den Beemt

Several trucks and personnel from Maryland's Department of Natural Resources visited Western Run near the Broadmead campus this summer to test the stream's water. This testing is part of an ongoing Maryland Biological Stream Survey. Since the Stream Survey began in 1995, the DNR has surveyed 3,405 water sites, recording physical, chemical and biological characteristics. The DNR estimates that Maryland has more than 10,000 miles of rivers and streams and says that every Maryland citizen lives within at least 15 minutes of a stream or river.

## TEAM MEMBERS IN THE NEWS

### TEAM MEMBER OF THE MONTH FOR JUNE

#### Djoser Menkaura

In his very first year at Broadmead, Djoser Menkaura has been recognized by fellow team members and has been awarded the Team Member of the Month for June. Hired in August of 2023 as a Heavy Duty Cleaner in the Maintenance Department, Djoser was cited for “his attention to detail, his work ethic, cheerful demeanor and team player attitude all make him a great addition to our community.” Fellow team members and residents commented: “Djoser...is always thinking of ways he can make the community as a whole look nicer.” “Djoser is the biggest team player—he has helped cover many shifts at the last minute to ensure we have appropriate coverage.” “Djoser has taken the cleaning of the floors and the care of them to a higher level. He has received numerous compliments from the residents about how he is taking care of their carpet cleaning needs.” “Wow! Djoser is terrific! Friendly and upbeat and does an incredible job!”



—Jackie Mintz

### TEAM MEMBER OF THE MONTH FOR JULY

#### Steve Alcarese

One of everyone’s favorite figures on campus, Steve Alcarese was selected in July as Team Member of the Month for a second time, having been first honored with the distinction in October of 2020. Hired in November 2005, Steve is a Maintenance Mechanic/Electrician. Appreciative comments came in from fellow team members and residents: “Steve is always willing to help out in a quiet way, often going above and beyond.” “Steve does any task with diligence. He has kindly assisted the Nature Committee by putting up bluebird boxes and has done several other tasks in the nine years of my residency.” Steve “fixed my walker—five minutes of his time and a GREAT relief for me.” “Team Members of Steve’s caliber should be recognized!”



—Jackie Mintz

## RESIDENT VOLUNTEERS

Residents are busily creating hand-crafted gift items for the Student Support Network. Over 100 examples of their handiwork will be displayed in the main hallway of the Center from 11 a.m. to 1 p.m. on Wed., Oct. 16. (See pg. 10 for more information.)



Above, left to right: Lin Hardy, Marilyn Winkelstein, Elenor Reid, Loretta Cunninghame work on their needlecraft creations. Below, shown with one of her creations, is Hazel Griffith—called “our inspiration!” by Sandy Angell, who took these photos.



## Long-time Team Members recognized for years of service

Text and photos by Jackie Mintz



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Above: Brenda Copenhaver; right: Shelley Hubbert, below: Gloria Martin.

Twenty-two team members, whose employment at Broadmead ranges from five to nearly 45 years, were recently recognized for their service. Seven of them have worked here 20 or more years.

Most residents who know the youthful-looking **Brenda Copenhaver** may find it hard to believe that this December she will have worked at Broadmead for 45 years. She started as a part-time Server right out of high school, and is now Dining Room Supervisor, training and directing our Holly Terrace servers.



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Accounting Specialist **Shelley Hubbert**, who clocks in at 40 years, is the person to whom many of us turn when we have a question about our bills. Beginning as a GNA, Shelley switched to the Finance Department and has worked for four different CFOs.

Another familiar face is **Gloria Martin**, who is a Cold Cook in Dining Services. Gloria, who has held the same job throughout her time here, has been at Broadmead for 35 years.



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The next two, in terms of length of service, are also in Dining Services: **Angela ("Angie") Jones** and **Sherriea ("Crissy") Keemer**. Both of them have been at Broadmead for 25 years. Angie, who started as a Hostess in 1999, holds the job title of Hot Cook. Crissy is a Lead Server, and seems to know all of us and our dining preferences. She started as a Server in 1999.



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Also in Dining Services is **Tarsha Campbell**, who was hired as a Lead Dietary Aide 20 years ago. Tarsha is now the Bistro Supervisor and Events Coordinator. In the latter role, she is responsible for catering the many events held at Broadmead, from receptions to special lunches and dinners.

The other long-term team member, with 20 years of service, is **Teresa Geroulo**, Director of Social Work. Teresa was hired in December 2004 as a Social Worker.



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Above: Tarsha Campbell; below: Teresa Geroulo.

### Service Anniversary Awards

In addition to the long-term team members discussed on this page, the following were also recognized for their service anniversaries:

#### 5 YEARS

**Derricka Gilmore**, Personal Assistant Certified  
**Anne Anne Nganga**, Registered Nurse  
**Lamont Griffin**, HMA  
**Yolanda Johnson**, Chief Operating Office  
**Robby Kikaro**, Registered Nurse  
**Abiola Oshin**, Registered Nurse  
**Lillian Rastetter**, GNA/CMT  
**Megan Rosas**, Health Services Admissions Director  
**Sara Stenger**, Lifestyle Supervisor

#### 10 YEARS

**Darlene Johnson**, GNA/CMT/CMA  
**Kristy Krueger**, VP of Sales and Marketing  
**Teresa Starks**, Executive Assistant to Operations

#### 15 YEARS

**Katrina Jukes**, Dietary Aide  
**Carolyn Reid**, CMA  
**Christopher Scism**, HVAC Team Lead

## Boynton Scholarship program receives record number of applications

By Anne Fogg

The Boynton Council gathered in July to review a record 20 applications for Boynton scholarships, resulting in 16 scholarship awards: 11 to new applicants and five to returning applicants. This year’s recipients are pursuing degrees or certifications in a variety of fields—from nursing, public health and healthcare administration to forensic science, engineering, marketing and communications.

This year represents the second in a two-year trial that increased the maximum Boynton scholarship award amount from \$5,000 to \$8,000 per year. The number of applications and awarded scholarships has increased dramatically from a total of approximately \$17,000 to seven recipients in 2022 to almost \$74,000 to 18 recipients in 2024. The increased award amount will be reassessed at the end of Fiscal 2025 for sustainability (Boynton Scholarships are funded by donations) and effectiveness in attracting and retaining team members.

### Returning Scholars



**Robby Kikaro** is pursuing her master’s in public health from Chamberlain University.



**Jaxson Metzbow-er** is continuing in the Accounting/International Scholars Program at University of Maryland, College Park.



**Eilia Nejad** is continuing his pre-med studies at Towson University.



**Jesse Russell** is taking courses at Community College of Baltimore County to upgrade to a Level 3 engineer license.



**Alison Sinclair** is working on her master’s in nursing at Chamberlain University.



### Robin Somers honored for her service as Broadmead’s CEO

From 2 to 4 p.m. on Friday, September 20, the entire Broadmead community gathered in the auditorium to celebrate the service of Robin Somers, who is retiring from her position as Broadmead’s president and CEO. Representatives of the Board, the BRA and Team Members expressed appreciation for Robin’s service, noting her transparent and fair management style, her stalwart leadership during the Covid crisis and her adept handling of extensive campus construction and expansion. Salutations from professional organizations were also delivered. The Broadmead Chorus performed three songs, including “We Are One,” which Robin has said she considers “the Broadmead anthem.” Refreshments followed the heartfelt presentations. Left: Robin pauses with bouquets and a gift received during her retirement celebration. Photo by Kathleen Truelove.



## TEAM MEMBERS IN THE NEWS

### *New Scholars*



**Brady Baxter** works as a server in the Holly Terrace. He plans to study computer science and later to work in cyber security.



**Nicole Miller** works as an LPN in the Nursing Department. She will be entering the LPN to RN Bridge program at The Standard Healthcare Services College of Nursing.



**Miles Forhan** works as a server in the Arbor Café. He will attend Temple University, majoring in international communications. He would like to have a career in globalization, intergroup relations or sociolinguistics.



**Dakera Shields** works in Food Service. She will attend The Standard Healthcare Services College of Nursing to earn her LPN. She plans to specialize in one of the following areas of nursing: geriatrics, pediatrics or home healthcare.



**Brooke Johnston** is a dietary aide. She will attend Queens College in Kingston, Ontario to earn a BA and later an MA and PhD in psychology. She then plans to open her own practice, specializing in therapy for the deaf and mute.



**Elaine Terralonge** works for Friends Connect. She will be attending The University of Scranton to obtain an MA in healthcare administration.



**Shawn Koontz** works as a server in the Holly Terrace. He will attend the A. James Clark School of Engineering at the University of Maryland, College Park to obtain a BA in mechanical engineering.

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### **NEW SCHOLARS NOT SHOWN:**



**Agustin Melion** is a dietary aide in Dining Services. He will pursue a BS in marketing at Towson University.

**Na'Jai Adams** works as a geriatric nursing assistant. She plans to attend The Standard Healthcare Services College of Nursing to obtain an LPN in geriatrics.

**Nathan Crowe** works as an aide in the Dietary Services Department. He is studying forensic science and attending the Community College of Baltimore County this year.

**Lillie Zelinski** is a server in the Holly Terrace. She plans to study for a BA in cardiovascular technology at the University of South Carolina.

## MaCCRA's 2025 Legislative Agenda

By *Walter Burnett*

The Maryland Continuing Care Resident's Association (MaCCRA) is a government relations organization that represents the interests of the residents of the 38 Maryland Continuing Care Retirement Communities (CCRCs) in both the executive and legislative branches of Maryland government. Sixteen of the CCRCs have local chapters, of which Broadmead is one. Residents living in CCRCs that do not have a chapter can become individual members. MaCCRA has a contract with a government relations firm to represent the concerns of the Association in Annapolis.

The MaCCRA Legislative agenda for 2025 is beginning to take shape. It will build upon the legislation MaCCRA introduced to the 2024 Session of the Maryland Legislature. The bills will focus on two priorities. The first relates to board representation and the second deals with entrance fee refunds.

The idea behind the Board representation issue is to make sure that a resident's perspective is included in the policy decisions of a CCRC's governing board. While the idea seems straightforward, it's actually a real challenge to develop a process that will accommodate the wide variety of CCRC organizational structures. MaCCRA's Legislative Working Group is preparing legislation that will accommodate these variations and also be acceptable to The Lifespan Network, Leading Age and the Maryland Department of Aging.

Broadmead is a model and leader on the representation issue. The Broadmead Residents Association (BRA) elects two representatives annually. They attend Broadmead Board meetings and provide regular reports to the Executive Committee of the BRA. The current resident members to the Board are Anne Perkins (U-302) and Jerry Winkelstein (Q-2). In addition, two other residents are full members of the Board: Betty Legenhausen (U-108) and Bill Breakey (L-15).

The concern about the return of entrance fee deposits addresses the experiences of individuals who have had exceedingly long waiting periods for the return of their deposits, resulting in serious economic consequences for those involved: not only a resident's finances, but also a CCRC's financial viability. Some Maryland CCRCs are experiencing occupancy rates nearing a dangerously low 80%. At least one CCRC has contracted out its skilled nursing unit to local nursing homes.

The legislative proposal will focus on the timely notification of the status of deposit returns.

*Walter Burnett is 1st Vice President of the Broadmead Chapter of MaCCRA.*

## RESIDENTS VOLUNTEER

### Residents offer October "treats" to students

By *Sandy Angell*

#### Art Show, October 7-31: "Seeing the World Through a Child's Eye"

Under the direction of art teacher Nicki Machulcz, students from Padonia International Elementary School are diligently creating artwork to display in Broadmead's East Hall beginning October 7. Thank you to resident artists, Marion Baker and Carolyn Murphy, for curating this exhibit.

#### Handiwork Display: Wednesday, October 16, 11 a.m.-1 p.m.; Community Center main hallway

Meet the Broadmead knitters and crocheters who have worked all summer to create hats, scarves, blankets, sweaters and dolls for students and families at Cockeysville Middle School. Admire over 100 items, have some fun styling the mannequin, chat with your neighbors, and enjoy an early Halloween treat. (See photos, pg. 6)

#### Next up: Holiday "Giving Tree"

Broadmead, Inc. has offered to supply an unadorned holiday tree in the Community Center that residents will decorate with handmade stars and ornaments that describe an item of need for children and families at Padonia and Cockeysville schools—socks, mittens, food items, etc. Donated items will be collected and distributed in time for the holidays. Stay tuned for more information. We'll need volunteers to make the ornaments in early November. Contact Sandy Angell at 443-578-8644 if you'd like to help.

### IN MEMORIAM

**Beverly Becker**

**August 24, 1926 – September 5, 2024**

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## Q&A: Facility Services

Joyce Malone, VP of Facility Services answers questions from the Voice

### The ins and outs of Lake Maybe

Text and photo by Sharon McKinley

**W**hat exactly is Lake Maybe? Is it a holding pond that's supposed to almost go dry and then flood? Not exactly. It's actually a very large storm water management pond, also called a bio-retention pond, with many layers of rocks and other filtering materials below the bed of the pond area that work to sift out undesirable matter, including sediment, thus allowing cleaner water to filter into our tributaries.

What are the governmental requirements for the upkeep of Lake Maybe? Baltimore County, which inspects the pond annually, requires us to keep its inflow and outflow areas clear to allow water to flow freely into and out of the basin. The County also requires us to ensure that the base of the pond is properly maintained. The pond is not dredged unless the County requires it.

Are all the water lilies on Lake Maybe's surface good or bad for it? The water lilies are good for the pond; they entice wildlife, but they also need to be maintained, like all other plant material.

What's the purpose of the fountain? The "fountain" in Lake Maybe aerates the pond to a degree, according to Joyce Malone, VP of Facility Services, but it's mostly for aesthetics.

Is there a scheduled maintenance plan for Lake Maybe? Recently there was a resident outcry when all of Lake Maybe's reeds were cut down out of season, and the birds that normally visit the pond—most notably the red-winged blackbirds—fled. Some residents felt that, at the least, if cutting the reeds was a necessity for "looks," some of them should still have been left in place as wild habitat. This groundskeeping error by outside contractors is unlikely to be repeated now that Broadmead has hired a horticulturist. Once on the job later this fall, that person is expected to work with the grounds maintenance contractors to ensure that Lake Maybe and the campus's other bio-retention areas are maintained according to appropriate schedules for pruning, cleaning and engaging habitat.



**Why is South Hall/Arbor Café side elevator so often out of commission? Can the problem(s) be rectified so this doesn't happen so often?** Each time that the elevator has been out of service it has been a different issue....Two of these outages required a new part, so there was a wait time to get that delivered to us for repair...there is no way of knowing when these things might occur. We do quarterly preventive maintenance on the elevators and there's an annual inspection from the state, so there are mechanisms to try and catch some things in advance.

**Will leak alarms be installed on water pipes in clusters to alert before flooding occurs? How loud will the alarms be?** We are investigating alarms for leak detection in the cluster homes. We are just in the discovery phase of this installation (*see also: "Sustainability plans" story on page 5*). We are hopeful that the alerts would go to the Campus Safety and Maintenance on-call phones and not sound in a resident's home.

**As we are a non-smoking community, can/will more signage be added around campus re: no smoking?** We recently added three additional "no smoking" signs to the community....If anyone notices someone smoking they should report it to the Maintenance Office, and we will address it immediately.

**What is the rationale for the taller wall on the south side of the new reception desk?** Once completed, a television will be installed [on the south side of the wall]. In addition, by closing off that area we have been able to put a copier/fax machine at the desk, which is much needed. The team has had to go to Administration offices to do copying, scanning, etc. It wasn't efficient. The area needs to be somewhat confidential in terms of what may be scanned or copied for individuals.



## Painting what you see

*Text and photo at top by Jane Elkinton*

Resident Richard Truelove will be the featured artist on the Broadmead Artists display wall for the month of October. Richard has worked in pencil, oil paints and watercolors, but prefers the water-soluble, quick-drying qualities of acrylic paints.

Richard traces his interest in painting to art classes in junior high, mechanical drawing in high school and a brief series of private lessons with an artist in down-



*Top: Detail of Richard Truelove's painting of a country scene; above, detail from his painting of a picket fence on Prince Edward Island.*

town Baltimore. His focus eventually settled on the environment, both built and natural. He continues to paint and draw, working with others here on campus.

The artist credits Andrew Wyeth as his greatest source of inspiration, both for his eye and his subject matter. But when you look carefully, for example, at Richard's depiction of the picket fence at Prince Edward Island, you come to realize that these places and structures have a unique sense of quiet and introspection that only Richard could give them.

Richard will discuss his work and answer questions at a "Meet the Artist" gathering to be held in November.

Broadmead Artists exhibits are located outside the Art Studio in the Wellness lounge.

## Upper level entrance progress

*By Willy Sydnor*

It's become difficult to remember what life was like before the upper level entrance to the Community Center closed for reconstruction—well over a year ago—but the end of the detouring is finally in sight. According to VP of Facility Services Joyce Malone, speaking during the Fireside Chat on September 17, the "worst case scenario date" for opening the new entrance to the upper level, according to the contractor, will be October 18—a change from the earlier-promised date of October 1.

Joyce also indicated that once the upper level entrance is open, the contractors will begin removing the tenting over the sidewalks of the "detour route" to the Center via the Stony Run parking lot entrance. Removal of the white awnings will probably take two weeks.

By the time the October issue of the Voice hits the stands, pending the completion of final fire and electrical inspections, the reception team is expected to be serving residents from their new permanent desk space. These Team Members have valiantly staffed a temporary main desk in sometimes challenging temperature and noise conditions throughout the construction disruption.

Once that move happens, work will begin on improving the area where the temporary desk was located, including installing new flooring and painting walls. With the long-anticipated activation of the water feature where the mailboxes were once located, the reception area's renovation can be considered complete.

Though the main entrance will finally be usable again, construction work on the adjacent new mail room—and a parking place for what residents jokingly call "the Pope Mobile"—will continue for a while longer.



### MOVIE MUSICAL: "West Side Story"

*(1961 version)*

**Date:** Wednesday, October 2 • **Time:** 3:00pm

*(Running Time 2h 30 min – over at 5:30)*

**Location:** Auditorium

This musical movie's plot focuses on the romance between a young Puerto Rican girl and a mainland boy, which fans the enmity between two gangs and ultimately leads to

the "rumble" that leaves both gang leaders dead of knife wounds and climaxes in the murder of the American swain by the girl's Puerto Rican protector.

*Questions? Contact Don Killgallon at [dkillgall@gmail.com](mailto:dkillgall@gmail.com) or call 410-804-7446.*

## Betty Legenhausen is appointed to Broadmead's Board

*Text and photo by Jackie Mintz*

Newly appointed to the Broadmead Board, resident Betty Legenhausen brings to this position a wealth of relevant background by virtue of her experience in educational institutions. Of special pertinence is her service on the boards of institutions such as the Association of Independent Maryland and DC Schools (AIMS) and Calvert Hall College, where she participated in search and evaluation committees. Also relevant is her time at St. James Academy, where she was head of school for 25 years, from 1987 to 2012.



*Betty Legenhausen.*

The Broadmead Board's bylaws stipulate that two of the trustees on the 15-member Board be residents. Betty replaces resident Jackie Mintz, whose term ends this fall. Bill Breakey is the other resident Board member. Both are full members of the Board, as distinguished from the two BRA representatives to the Board, who attend meetings and participate in discussions but do not participate in the decision making. The resident trustees, who are nominated

by Friends Care's Committee on Trustees and approved by Stony Run Friends Meeting before final approval by Broadmead's Board, owe a fiduciary duty to Broadmead, Inc. as an institution, including the interests of future as well as current residents.

Betty first became well known to residents when, barely three months after she moved to Broadmead, she took on the chairmanship of the BRA Activities Committee and, in the midst of the pandemic, planned activities that enabled residents to get together during the lockdown. Especially memorable was Tent Week—a happy outdoor event when residents could finally get to mingle. Betty says she loved such assignments, explaining that she had always wanted to be a concierge, and this was as close to it as she could get. One of her more recent planned activities on behalf of residents was a scavenger hunt for the Broadmead Arts Council's sculpture committee.

Betty's primary outside interests are travel and cooking. She has travelled to over 100 countries, most recently on cruises down the Danube and from Thailand to Sri Lanka. When not traveling, she enjoys preparing gourmet meals at home. She takes this interest seriously: she has served on the board of the American Institute of Wine and Food.

Betty has two sons, Kurt and Erik. Kurt lives in Oakton, VA with his wife and four children. Erik lives in Parkton, in a home that he and his wife designed and built, and which they share with their two children. Betty and her two dogs, Jax and Rio, can be observed four times a day strolling through the Broadmead campus.

## Highway "sponsor" signs promote Broadmead and prevent litter

*Text and photo by Pat van den Beemt*

Broadmead is helping Maryland highways stay litter-free. The Marketing Department joined the state's "Sponsor a Highway" in 2015.

Kristy Kruger's office pays the state for four



signs that bear the Broadmead name and logo. The money raised by each sign pays to have litter removed from one mile of highway four times a year.

Broadmead's signs are on: I-83 North, just before Exit 27, Hereford;

I-83 South, just after Exit 20, Shawan Road; I-83 South, before Northern Parkway; and North Charles Street at Northern Parkway.

"People get to see Broadmead's name in high-traffic areas, but the greater good is that we're being good environmental stewards," Kristy said. "Advertising on billboards is incredibly expensive, so this cost is a lot lower and it does some good."

The original State of Maryland program, started in 1989, was called "Adopt A Highway" and asked groups to volunteer to do the cleanup themselves. Some 120,000 people once cleaned 15,000 miles of Maryland roadways. That program was amended due to safety concerns, and is now "Sponsor A Highway."

So, the next time you're out and about on I-83 or Charles Street, look for Broadmead's signs. Notice the lack of litter. And smile.

## Hearing issues: Results of 2024 resident survey

By Susan O'Connor

**H**earHere, a subcommittee of the BRA Healthcare Committee, recently conducted a survey of hearing issues among Broadmead residents. Out of 402 surveys distributed, 223 responses were received, providing an excellent response rate of 55%.

Survey responses indicate that hearing issues are common among Broadmead residents:

- **57% (126 of 223) report personal issues with hearing in their daily lives.**
- **51% (114 of 223) have hearing aids.**
- **21.5% (48 of 223) report mild or moderate hearing loss, but do not have hearing aids.**

Thirty-one percent of responders cite the Auditorium as an area where hearing is especially difficult. Comments suggest that incorrect use of microphones by speakers is a major factor in this problem.

The Auditorium has a hearing loop system, but only 25 responders (22%) have hearing aids equipped with a telecoil to access that system. Fortunately, the loop system can be accessed another way: by picking up a hearing loop receiver at the audio/visual desk in the Auditorium. These easy-to-use loop receivers work well for anyone without hearing aids as well as for those whose hearing aids do not contain a telecoil.

Survey responders also reported difficulty hearing in the dining areas:

- |                 |                            |
|-----------------|----------------------------|
| • Holly Terrace | 27% (60 of 223 responders) |
| • Magnolia Room | 23% (52 of 223 responders) |
| • Arbor Café    | 19% (42 of 223 responders) |
| • Bistro        | 17% (37 of 223 responders) |

A similar survey conducted in 2018 showed a larger percentage of residents reported difficulty hearing in Holly Terrace than in 2024: 40% in 2018 as compared to 27% in 2024. This encouraging difference shows that the recent Master Plan renovations have improved the acoustics in Holly Terrace.

Complete survey results are available on the BRA Website. The committee thanks the participants for providing useful data and a better understanding of our community's challenges and needs.

*HearHere welcomes new members. Contact Susan O'Connor at 443-676-3590 or [whsfoc@msn.com](mailto:whsfoc@msn.com) for more information.*

## New book collections available

By Pat van den Beemt

**T**rain aficionados and nature enthusiasts now have a ready supply of books to feed their habits. Shelves in the rear of the auditorium now have two separate collections of books available for residents to borrow.

About 50 books have been donated by Broadmead's Model Trains and Railroad- ing Interest Group. The selection includes photography books, train travel guides and histories of local rail lines. There are also a number of books on model railroads.

Bill Hakkarinen, who heads up the Rail- roading group, expects the collection to grow as more residents donate appropriate books.

Broadmead's Nature Committee has just begun assembling books for its collection. Right now, there are guides to birds, butter- flies, pollinators and native plants. Garden planning books include native alternatives to invasive plants.

"Books have been chosen to increase resi- dents' ability to enjoy our natural habitat at Broadmead," said Nancy Funk, who chairs the Nature Committee.

To check out a book in either collection, simply put your name on the card at the back of the book and put the card in the box provided. When you return the book, put the card back in the book.

Both sets of books are shelved on the au- ditorium's rear wall, which also holds excess books from Broadmead's library. When the library moved to smaller space on the lower level as part of the Master Plan, the book collection had to be downsized. Rather than recycling older fiction and mysteries, it was decided to leave them on the shelves for acoustical purposes. These books do not need to be checked out because they're no longer being tracked by the library committee. Sim- ply borrow one, read it, and return it.

## PET PROFILE

### The right Beau, at last

Text and photo by Kathleen Truelove

**B**eau, a handsome mutt about the size and general appearance of a labrador retriever, is a man of mystery. He was adopted from the Baltimore County animal shelter a year ago by Margaret Craig, who knows nothing of his past: neither his age (estimated to be about 5 by the shelter), nor his canine ethnicity, nor how he came to reside at the shelter.

Margaret thinks he must have been a house dog, because when he came home with her he jumped right up on the bed as if he was familiar with such furniture.

When Margaret came to Broadmead six years ago, she was accompanied by Molly, an

Beau with his ball.

elderly black lab who subsequently died. Because Margaret likes having a large dog to walk, she adopted Charlie, who bit two people so had to move on. Then she took in Katie, who chased cars and once pulled Margaret over, causing her to have a concussion. That sent Katie to a new home, and Allie arrived. She was a wonderful dog, Margaret says, except that she was an escape artist who could open the sliding door to the patio. That ability sent Katie back to the shelter, where she was re-adopted the very next day. Enter Beau, who is a friendly and energetic companion for Margaret. Finally, a keeper! They walk three times daily, including along the lower trail, where Beau can explore off-leash and wade in the water, though he's not a swimmer. He enjoys retrieving his orange ball, but doesn't always want to give it up.

There are also two cats in Margaret's home, but they don't help her get exercise the way Beau does. All three animals get along well, mostly by ignoring each other.



## BROADMEAD BY THE NUMBERS

### What's a meal cost at Broadmead? It depends.

A Voice report

**T**he cost of meals varies at Broadmead depending on what residential contract you have, and—if you're not a resident—whether you're a guest of a resident, a team member, a regular visitor, a Health & Wellness Community Member (CM; previously called "Associate"), or a guest of a CM. Residents do not pay 6% tax on their meals, but everyone else does.

Dan Hall, Director of Dining & Hospitality, says only "20 to 30" residents still have the old "white card," which means all meals are included in the monthly fee. More recent residents have the "green card," which gives each person a \$330 credit per month—either with a "30-day reset" that starts at zero every month without a balance forward, or the current "90-day reset" (\$990 total), with the balance rolling over until the end of 90 days and then resetting to zero.

What considerations go into food pricing at Broadmead's dining venues? "Our goal is to cover costs plus a minimum of twenty percent," says Dan.

Costs for meals in Broadmead's dining venues are as follows.

#### HOLLY TERRACE

##### Dinner, Monday – Saturday

Residents - \$10  
Child under 12 - \$15.90  
Adult guest of Resident - \$26.50  
Community member (CM) - \$15.90  
Adult guest of CM - \$26.50

##### Sunday Brunch

Residents - \$15  
Child under 12 - \$21.20  
Adult guest of Resident - \$42.40  
Community member (CM) - \$26.50  
Adult guest of CM - \$42.40

#### ARBOR CAFÉ AND BISTRO

All pricing is the same for all categories, except sales tax applies to non-residents.

#### MAGNOLIA ROOM

Magnolia Room pricing is à la carte. "The costs are the same for all," says Dan, "but the residents that still have the white cards get a \$10 credit, and the balance is billed to their monthly account."

NOTE: *The best phone number to use for reserving places in the Magnolia Room is 443-578-8033. If there's no answer, leave a message and someone will call back. As this dining venue is currently operating only on Friday and Saturday from 5 p.m. to 7 p.m., 24 hours advance notice is needed.*

## From panipuri to lamb pasanda, Indian Ocean pleases

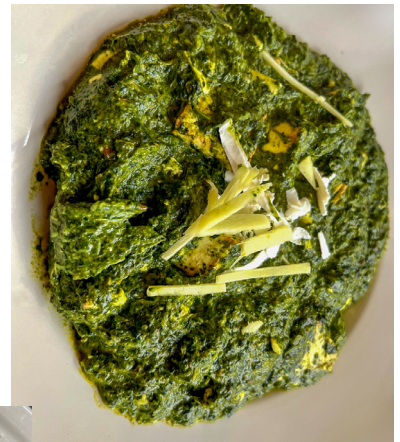
Text and photos by Jackie Mintz

Indian Ocean, one of the handful of new quality Indian restaurants in the Broadmead vicinity (others include Mint Leaf—reviewed in the September 2023 issue of the *Voice*—and Sangam), is certainly one of the most attractive, both visually and in terms of service. The food is very good as well.

For appetizers, in addition to the usual pakoras and samosas, Indian Ocean offers a special treat: *panipuri*, which are small puffed flour bowls stuffed with potatoes, chickpeas, tangy spices and served with tamarind sauce. An item that I've never seen on Indian menus around here, panipuri are a common street food in India, known by different names in different regions. They are definitely worth sampling.

For entrees, we had two delicious shrimp entrées: *Avocado Shrimp* (sautéed shrimp with avocado, garlic and masala—an Indian spice mix) and *Goan Shrimp* (shrimp cooked in a coconut sauce with mustard seeds, curry leaves and cumin). On the same visit, one of us had *Lamb Pasanda* (lamb cooked with a sauce of crushed cashew nuts, almonds and cream). It was very good.

We also ordered *raita*—yogurt with thinly sliced cucumber and herbs. For a bread, we ordered *parathas*—a layered flatbread that I have been choosing lately over naan. It is



flaky and buttery, bearing a resemblance to croissants.

On an earlier visit, we leaned vegetarian and had *saag paneer* (spinach with home-made cheese, ginger, Indian herbs and spices), *dal makhani* (lentils with cream, garam masala, cumin and other spices) and *chana masala* (a chickpea curry with coriander, garlic and other spices). We also had *chicken vindaloo*: chicken with potatoes in a South Indian (i.e., spicy) sauce. All were also very good.

The restaurant does not have a liquor license. Aside from soft drinks, it serves tea, mango *lassi* and sweet *lassi*.

The service is outstanding. The wait staff is unusually attentive and accommodating.

*Indian Ocean, 11121 York Rd. Suite H (at York and Ashland). 443-281-8018. Open 7 days a week, 11:30 a.m. 10 p.m. The restaurant is at the north end of the Dutch Market mall. The decor is attractive, with predominant shades of sea blue and white (perhaps more Mediterranean than subcontinent in feeling). Entrees range from \$18 to \$30, appetizers from \$7 to \$15.*



*Indian Ocean dishes we tried (top to bottom): Saag Paneer, Shrimp with Avocado, and panipuri.*





## THE PIZZA HUNT

### Great pizza in a classy setting

*Text and photo by Kathleen Truelove*

Four of us residents went to Vito's on a Monday evening, when it's possible to pop in at the usually busy restaurant without a reservation. We were on a pizza quest, but one of our group couldn't resist the veal saltimbocca, which is a hazard of perusing Vito's excellent menu. (He did, however, taste the three pizzas. And shared his excellent veal.)

So, the pizza? All three varieties had thin, yeasty, crunchy, yummy crust. We tried the "White Gourmet" pizza with spinach (broccoli



*The winning pizza at Vito's: Capricciosa*

was the other green option), fresh garlic, olive oil, mozzarella, ricotta, parmigiano, and fresh tomato. It was tasty, but a bit on the bland side – heavy on ricotta. The second option, "Diavola," was definitely not bland, featuring tomato sauce, mozzarella, sliced hot cherry peppers, and

grilled chicken. Spicy and tasty. The third choice was not too bland, not too spicy, but just right. It was the clear winner with all four of us: "Capricciosa"—tomato sauce, mozzarella, prosciutto, artichokes, mushrooms, roasted peppers, and black olives. Just delicious!

There are other interesting pizza choices which will have to wait for the next visit.

Assessment: best pizza so far, and close by. That doesn't mean the search for pizza is over, however! —*Kathleen Truelove*

*Vito Ristorante Italiano, 10249 York Road, 410-666-3100. Open 10 a.m.-10 p.m. Mon.-Fri., 10 a.m.-11 p.m. Fri. & Sat., Noon-9 p.m. Sun. See Sept. issue of the Voice for a full restaurant review of this popular establishment.*

### **Broadmead Board of Trustees Annual Meeting**

The Broadmead community is invited to attend the Board of Trustees annual meeting, which will be held on Monday, October 28 at 2 p.m. The program will feature farewells to longstanding Trustees and introductions of new ones, along with a performance by the Broadmead Chorus. Light refreshments will follow.

### **First Monday Book Group**

*The Invention of Wings,*  
by Sue Monk Kidd

**Monday, November 4**

**10:30am in the Fireplace room**

### **Books: The Classics**

*A Swim in the Pool in the Rain,*  
by George Sanders

**Monday, October 21 at 10am**

**Fireplace Room**

### **Broadmead Writers**

**Every Friday at 3pm by Zoom**

**Contact Maggie Babb:**

**maggie.babb@gmail.com**

### **Health Care Lecture**

**"Hospice and Palliative Care"**

**Speaker: Jenifer Garner, CRNP,**

**LifeBridge Health**

**Monday, October 21, 3:30-4:30 pm**

**Auditorium and Zoom**

### **MaCCRA**

**Speaker: State Senator Chris West**

**"Upcoming Maryland General Assembly"**

**Wednesday, October 9**

**7pm, Auditorium**

### **Moving Around Broadmead**

**Anne Minkowski**

**moved from N-6 to Taylor 306**

**Louise Williams**

**moved from A-6 to Hallowell 206**

**Ruth Martin**

**moved from L-14 to Taylor 312**

**Marta Kaplan**

**moved from Q-9 to Taylor 301**

## Bridge at Broadmead

### Duplicate Game

Mondays • Fireplace Room  
1:30-4pm

Questions? Sumner Clarren,  
301-648-8855

### Rubber Bridge Game

Wednesdays • Fireplace Room  
Lessons by Sumner Clarren at  
12:30pm

Play Bridge 1:15-3pm  
Questions? Marj Espenschade,  
443-578-8351

## New Arrivals

**Livvie Rasmussen and Bill Messner**

U-304, September 30  
Livvie 410-808-8403,  
Bill 413-531-6797

**Libby Loafmann**

D-13, September 13  
443-578-8374

**Beth Babikow**

L-16, October 9  
443-617-8674

## Quaker Meeting at Broadmead

Sundays 10:30 - 11:15am  
Fireplace Room

—All residents are invited—

## Resident Email Lists (for current residents only)

To join the Broadmead  
resident email list:

Send email to:  
brabroadmead@gmail.com.

To join the BRA business email list:

Email to: joen1234@comcast.net.

## NEW RESIDENT PROFILE

### Happy Brooks

H-9, 410-560-6122, happybrooks@yahoo.com,  
August 15

*Text and photo by Pat van den Beemt*

Happy's new resident spent much of her life known as Marcia. But when she became a grandmother, she and her family discussed using the nickname "Happy" instead of "Grandma" or "Nana." Soon, everybody called her that. After all, she had always told her two children, "You can decide to be happy."

Marcia Hoffman was born in Abington, PA, grew up on a horse farm in Gwynedd, PA and graduated from Gwynedd Mercy Academy in 1956. Happy earned a degree in Speech Pathology and Audiology from West Chester College.



*Happy Brooks.*

In 1960, she married Richard Easton. They had two sons and lived in Malvern, PA. She and Richard later divorced. After being single for 12 years, she married Doug Brooks, who was 18 years older. They lived in Monmouth County, NJ. Doug died in 2001.

Happy started her own business when she was in her 40's, one she still owns today. Brooks Tech, Inc. manufactures a heater that vulcanizes gaskets.

In 2008, she met Dick Scholle, 10 years younger than she, at Towson Unitarian Universalist Church. They never married, but both lived in Mays Chapel and spent much of their time traveling. Their goals were to see: all major league baseball parks; all national parks; all presidential libraries; and to play a game of golf in every state. Between Covid restrictions and Dick's death in 2021, they didn't meet their goals.

Happy has always known that family is important, but believes friends are equally critical to her well-being. For years, she has organized a Girls Night Out every Thursday that now attracts up to 18 women.

One of her sons lives in Florida and the other shares his time between Parkton and Montana. She also has six grandchildren. Happy moved here with Sunny, a 2-year-old Labradoodle.

Although Happy has given up riding bikes and horses, she still skis, both downhill and cross-country.

## NEW RESIDENT PROFILE

### Elise Hopkins

R-10, 443-578-8345, hopkinsli@comcast.net,  
August, 2024

*Text and photo by Kathleen Truelove*

Elise Hopkins looks forward to creating a manageable garden at Broadmead. She had a garden at her most recent home, which is located in the Lake Falls area of Baltimore County and backs up to Lake Roland. The garden had become more than she could easily take care of, and she looks forward to downsizing the area she gardens. Hellebores are her special passion and she plans to plant them along the side of her cottage. At one time, Elise had more than 100 African violet plants.



*Elise Hopkins.*

Born and raised in Phoenixville, PA, near the Schuylkill River, Elise went to college across the river at Ursinus College. After earning a BS in biology, she did master's-level work in microbiology and biotechnology. Her jobs included biological research at Becton Dickinson, then 18 years as a medical technologist at Union Memorial Hospital, then on to Johns Hopkins Hospital, where she managed the tissue culture lab, and finally eight years doing health and safety oversight of research labs at Hopkins.

For 23 years, Elise lived in the Guilford neighborhood in Baltimore City. When she divorced after 30 years of marriage, she moved to the Lake Falls community, where she lived for 28 years prior to moving to Broadmead. She has two children. Her daughter, Megan Smith, lives in Catonsville and is the mother of Elise's two granddaughters, ages 10 and almost 14. Megan is a neuropsychologist with the Veterans Administration. Elise's son, Tyler Smith, lives in the Reservoir Hill neighborhood of Baltimore City. He works for the City in transportation planning.

In addition to gardening, Elise's hobbies include genealogy, an interest piqued by information she found when researching the birth family of a grandfather who was adopted.

### **It's time for Hiking on the NCR Trail**

On Thursdays through November 14, a Broadmead bus will transport those who want to hike the NCR Trail. The bus will depart at 9:15 a.m. from the Lower Level Entrance, and will return to campus at approximately 11:00 a.m. Sign-up is required. Email [wellness@broadmead.org](mailto:wellness@broadmead.org) or call 443-578-x8060.

### Socrates Café

Short video on "Seneca's Time Management Secrets: 10 Stoic Lessons for Productivity"

Question to probe:  
What of Seneca's time management wisdom most resonates with me?

Tuesday, October 15  
10:30-11:45am • Auditorium

Sponsored by Towson Unitarian  
Universalist Church

—Open to all—

Volunteers Needed for  
Broadmead, Inc.'s first ever

### Sparks Elementary Kindergarten "Intergenerational Engagement Day"

Sponsored by Health & Wellness  
Wednesday, October 23 @ 10-11:30am

Residents who love children are  
encouraged to sign up to lead  
an activity and/or participate

Making Things (Crafts and Creativity)  
Story Time (Reading & Listening)  
Serving as Floaters to help keep the  
event running smoothly.  
AND Join the children for lunch  
from 11-11:30am.

### Greater Barn Sale News

The Old & New Shop is open from  
11am - 3pm each weekday.  
Stop by! You will probably find some-  
thing that you can't live without.

Donations—clean and in good work-  
ing order—will continue to be  
received in the Workroom on  
Thursdays from 10am-12pm  
and 2-4pm.

## The Fall Barn Sale

will be held

**Friday & Saturday, October 25 & 26.**

We have a large inventory to sell, including housewares, furniture, clothing, artwork, appliances, linens, jewelry, holiday decorations, "This and That," glassware and china.

## Broadmead Chorus

**Do you love to sing? The Broadmead Chorus is the place for you!**

**Join us on Fridays at 10:30am in the auditorium, just in time to enjoy singing holiday music for our December concert.**

## Rosh Hashanah Celebration

**Tuesday, October 8 • 7pm**

**The Jewish Heritage Group invites the entire community to join in festivities to mark the new year with the sweetness of honey, music and friendship.**

**Questions? Contact Judy Stamberg at [stambergj@yahoo.com](mailto:stambergj@yahoo.com) or 443-578-8293.**

## Arts and Ceramics Studio

**Beads & Recycled Paper  
Tuesdays, 10am to noon**

**Stitching Interest Group**

**Tuesdays, 2- 3:30pm  
Paint and Pastels Class**

**Wednesdays, 10:00 am to noon,**

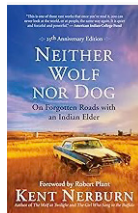
**Ceramics Class  
Thursdays, 1:00 to 3:00 pm.**

**Creative Arts - Experimental,  
Multi-Media Beginner Art Class  
Fridays, 1:00 to 3:00 pm.  
(Limited Enrollment)**

# Book reviews by residents

## Neither Wolf Nor Dog—On Forgotten Roads with an Indian Elder

by Kent Nerburn • New World Library, 2019; 360 pages



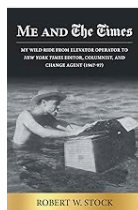
Kent Nerburn had been documenting the lives and history of Red Lake Indians on their Ojibwe reservations in Minnesota for many years. He gained notoriety in the North American Indian community for these findings, and one day he got a call from a lady at the Lakota reservation in North Dakota. "My grandpa wants to talk to you." "Put him on," Nerburn says. "He doesn't talk on the phone, he wants you to come to him," was the reply.

Hesitant at first, Nerburn finally packed his truck with some clothes and a tape recorder and headed west. Following the directions given him, days later he pulled up to a worn-down shack with an old car up on blocks. There he met Dan, a 78-year-old Lakota, and his dog Fatback. Dan related how he and his father and grandfather looked to the earth beneath them, the sky above and the Creator as partners, and how the white man manipulated the Indians to steal their riches, but not their spirit.

Dan took Nerburn to Wounded Knee, where the anger and pain Dan had kept bottled up for these many decades unfolded, and when he pointed his clay pipe to the heaven and earth, he made his peace with the white man. —*Sidney M. Levy*

## Me and The Times

by Robert W. Stock • Gatekeeper Press, 2024; 252 pages



In this memoir of a fascinating life, Robert Stock's *Me and The Times* takes us through challenges, successes and occasional frustrations in his journey from elevator operator to editor of several Sunday sections of *The New York Times*. His book is divided into 57 short chapters, with topics ranging from Waterbugs to Watergate.

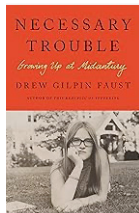
With side trips to manage and write for oil and aviation publications, Stock joined the *Times* and parlayed writing assignments into adventures. Not one to forgo opportunities, he played tennis matches and clarinet duets with experts and turned a writing assignment on a cruise ship into a romantic encounter. His family stars in many episodes, giving the reader a ringside seat to personal adventures and crises.

I was surprised and flattered that Bob included me in Chapter 51. He had interviewed me about 13 years ago when I was director of the Johns Hopkins Injury Prevention Center, and this formed the content of this chapter. —*Sue Baker*

# Book reviews by residents

## Necessary Trouble: Growing up at Midcentury

By Drew Gilpin Faust • Farrar, Straus & Giroux, 2023; 320 pages

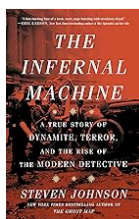


Drew Gilpin Faust's excellent and well-written memoir was especially interesting to me because we came of age in the same era. She was born in 1947 and grew up on a Virginia horse farm, where she clashed with both parents before going to boarding school, then Bryn Mawr College. There is a photo in the book of her in a Girl Scout uniform that is strikingly similar to a photo of me in the same outfit. Her college years during the Vietnam war resonated for me; the boys who enlisted, were drafted, sought student deferments, conscientious objector status, or considered escaping to Canada—I knew those people, was related to some, and was very grateful to be a girl.

Drew had an early marriage that ended in divorce. I did, too. She was, however, a relentless activist for good causes, something I can only admire; I sat on the sidelines and cheered the brave ones. The question that stayed with me after reading the book is inane, but also of its time: Why did she keep her first husband's name after she divorced him? This was about the time she earned her PhD, so she wasn't already famous with his name and they had no children. She remarried, had a daughter, yet still kept her first husband's surname. Curious. —Kathleen Truelove

## The Infernal Machine, A True Story of Dynamite Terror and the Rise of the Modern Detective

By Steven Johnson • Crown Publishing Group, 2024; 346 pages



Alfred Nobel's 19th century inventions of dynamite and blasting caps made possible the construction of modern cities and the expansion of railroads—yet those inventions also became the weapons of the helpless/hopeless victims of the period: the anarchists from Czarist Russia and the victims of industrialization.

The terror of frequent bombings in New York City led to significant crime-fighting changes, producing the modern detective.

Realizing that their previous methods of dealing with criminals were ineffective against terrorists, the NYPD began to employ the talents of a few men who were interested in the science of detection: specifically, the use of fingerprints, photographs and physical descriptions.

Author Steven Johnson brings to life this forgotten period of American history by introducing the anarchists Alexander Berkman and Emma Goldman—and a young librarian, J. Edgar Hoover.

—Elsa Collins

## Resident IT Support

Walk-In Hour

Every Thursday 11 am-12pm

Cabinet Room

Bring your devices and questions, and Joe Cox with Prelude Services will provide help, at no charge.

Questions? gpattee@broadmead.org

## Sewing Repairs & Alterations

Sew & So accepts mending, alteration and repair requests from Residents and Team Members on Wednesdays from 10am to 12 pm at their studio in the lower level of the Center, next to the Voice office.

A small fee is charged, which goes to the BRA.

Volunteers are welcome.

Contact Karen Seybold, 443-578-8291.

## Model Train Interest Group

The Model Train and Railroad Interest Group meets on the 4th Wednesday of the month, at 10am in the Fireplace Room. All are invited. (Note: No meeting in November because members will be working on the holiday train garden setup.)

## Monthly Vespers Services

are offered on the third Sunday of the month at 4 pm in the Auditorium. All are welcome.

## Christian Men's Connection Group

meets on Fridays from 9:00-10:15am in the Fireplace Room.

For more information, contact Mike Goodrich, 443-330-5667

## Getting Out & About



Six Broadmead residents set off to ride the rails at the B&O Railroad Museum in Baltimore on Saturday, September 7, 2024. Peter Babcox, Bunny Dadds, Bill Hakkarinen, Renata Meise, and the Scheinens—Barbara and Steven, with their great-granddaughter Harper—visited to experience the special day honoring First Responders. The group saw lots of history of railroading and a new exhibit on the Underground Railroad. The highlight of the day, though, was a controlled crash between a train and a vehicle stuck on the track. First responders then demonstrated how they would rescue the cars' (imaginary) occupants by cutting off doors and the roof. The special CSX locomotive #911, "The Spirit of First Responders," was on display. There were many fire and police groups there, including the Baltimore City Mounted Police Unit. A special excursion train carried the spectators to the crash site. It was a great way to spend the day. —Bill Hakkarinen

Top to bottom: The controlled crash; Special CSX Locomotive #911; Renata rides the rails; train to the crash site; B&O Railroad Museum. Photos by Bill Hakkarinen except the one below, which is by Bunny Dadds.

## MULTICULTURAL NEWS

### Talk on the History of the Jewish People

By Gwen Marable

The Multicultural Committee presents noted lecturer Jerry Kahan on Thursday, October 17, from 4-6 p.m. in the auditorium. He will speak about Jewish History. Jerry, who worked at McCormick as a math and data specialist before retirement, gives single-day history lectures for seniors at the CCBC (Community College of Baltimore County) Hunt Valley.

### BMA curator to speak here on October 30

By Jan Starr

What will you be doing Wednesday, October 30, at 3 p.m.? The Jewish Advisory Group hopes you will join us to hear a lecture about the famous Cone Collection, and the women who collected and donated it to the Baltimore



Dr. Leslie Cozzi.

Museum of Art (BMA) nearly 100 years ago. Many people believe this collection is the jewel in the crown of the BMA.

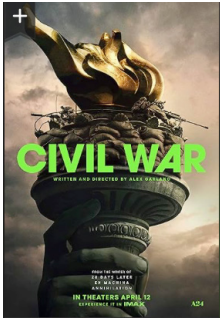
The talk will be held in the auditorium. The presenter will be Dr. Leslie Cozzi, curator of Prints, Drawings, and Photography at the BMA.

She recently co-curated

"A Modern Influence: Henri Matisse, Etta Cone, and Baltimore," which explored what makes the Cone Collection special enough to be nationally, and internationally, known and respected.

# OCTOBER MOVIES AT BROADMEAD

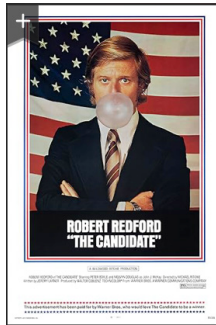
**Saturdays & Tuesdays • Auditorium • 7:00 p.m.**



**Saturday, Oct. 5: Civil War**

*Amazon rental*

During a civil war fought between a despotic federal government and secessionist movements, a team of war journalists travels to Washington, D.C. to interview the President before rebels take the city. Written and directed by Alex Garland, with Kirsten Dunst, Wagner Moura, Cailee Spaeny. *2024 Political thriller R 1 hr 49 min*

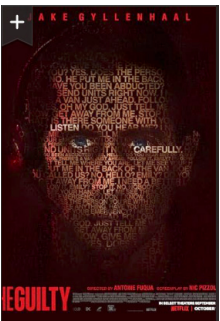


**Saturday, Oct. 19:**

**The Candidate**

*Amazon Rental*

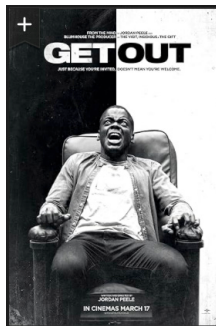
Bill McKay has been recruited by Republicans to run as the Democratic Senate candidate from California. Since he has no hope of winning, he can express his liberal views. With Robert Redford, Peter Boyle, Melvyn Douglas. *1972 Comedy PG 1 hr 50 min*



**Tuesday, Oct. 8: The Guilty**

*Amazon Prime Rental, Hulu*

Police officer Asger Holm (Jakob Cedergren), demoted to desk work as an alarm dispatcher, answers a call from a panicked woman who claims to have been kidnapped. Confined to the police station and with the phone as his only tool, Asger races to get help and find her. *In Danish, with subtitles. 2018 Crime Drama R 1 hr 26 min*



**Tuesday, Oct. 22: Get Out**

*Amazon rental*

When a young African-American man visits his white girlfriend's family estate, he becomes ensnared in a more sinister reason for the invitation. With Daniel Kaluuya, Allison Williams, Catherine Keener, LaKeith Stanfield. *Written and directed by Jordan Peele. Academy award for best original screenplay. 2018 Thriller PG-13 1 hr 42 min*



**Saturday, Oct. 12:**

**Janet Planet**

*Amazon Rental*

In western Massachusetts, 11-year-old Lacy spends the summer of 1991 at home, absorbed by her own imagination and the attention of her mother, Janet. Three visitors enter their orbit, all captivated by Janet. With Julianne Nicholson, Elias Koteas, Will Patton, Sophie Okonedo. *Written and directed by Annie Baker. 2020 Drama PG-13 1 hr 53 min*



**Saturday, Oct. 26: Hamilton**

*Disney; Start time: 6:30pm*

Presenting the tale of American founding father Alexander Hamilton, this filmed version of the original Broadway hit is the story of America then, told by America now. *With Lin-Manuel Miranda, Leslie Odom Jr., Renée Elise Goldsberry. 2020 Historical musical PG-13 2 hr 40 min*

*Please note that the movie schedule is subject to change.*

**CORRECTION:** Bill Hakkarinen took the photo of the Eastern Swallowtail on Joe Pye weed behind the York Building, not Marsha Howes as reported in the September issue. The *Voice* regrets the misattribution.

**FROM THE VOICE ARCHIVES,  
OCTOBER 1979**

**COMPLETION  
SCHEDULE**

As you all know, our final completion schedule was altered in mid-September due to delays caused by the unprecedented rain pattern of this past summer. The new schedule calls for initial occupancy of the last clusters (E and G) by November 20.

Broadmead Center is nearing completion and should be finished by Thanksgiving. Landscaping will continue as long as the weather permits but will undoubtedly need to be completed in the spring.

*Researched by Kathleen Truelove*

**The White-breasted Nuthatch,  
a.k.a. the “upside down” bird**

*By Debbie Terry*

**T**he nuthatch is the only North American bird adept at walking down a tree trunk. Why would they want to do this? Foraging in this manner gives them a good look at foods other birds might not see, as the others can only climb up. How are they able to do what other birds can't?



*The nuthatch has unique climbing abilities. Photo courtesy of the Maryland Diversity Project.*

The nuthatch's foot has one big toe, the hallux, that faces backward, while its other three toes face forward. The hallux is longer than the other toes and is shaped like a claw that curves downward. This allows the nuthatch to walk headfirst down a tree trunk, moving one foot at a time, while the hallux toe on the other foot holds firmly to the bark.

This bird lives year-round at Broadmead. They mate for life and are territorial throughout the year. Nuthatches will visit residents' feeders, especially if the residents serve suet, nuts or sunflower seeds. Nuthatches will carry a nut or seed to a nearby tree and then jam it into the bark of the tree and whack it open with their sharp bill. Now you know why they were named the nuthatch.

**BIRDER NOTE:** *The Cornell Lab of Ornithology has a free app called Merlin that identifies bird sounds wherever you are. It works!*

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**EDITORIAL POLICY:** The *Voice* is published September through June (published in mid-June as a Summer issue) by and for the Broadmead Residents Association, whose president is Kathryn Shelton. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, the *Voice* does not publish criticism or controversial opinions about individuals or about the three organizational bodies that constitute Broadmead (residents, administration and trustees), as there are established procedures for the resolution of internal problems. The *Voice* will not publish matters of a religious or political nature, except in the context of reports about events on campus. Publicity for upcoming events is preferred to reports on events already held. Submissions from outside media are not published owing to space limitations and possible copyright issues.

Decisions about content as well as writing and photography assignments are made by the Editor in consultation with the Editorial Board, at meetings usually held the fourth Tuesday of each month. Ideas or suggestions for articles should be submitted to the Editor, Alice Cherbonnier, by email: alicecherbonnier@gmail.com. Only electronic files are acceptable, in Word or Pages. All copy is subject to editing, including for length. Photos should be submitted in high resolution (actual size).

**Deadline for submissions for the November issue is the 15th of October. Please query the Editor if you have a story idea.**